

HAS YOUR MEMORY CHANGED WITH AGING?

Memory Research for Individuals with Memory Impairment

Brain health researchers are looking for volunteers with **memory impairment** to study the effects of a novel **Tablet-Based Application & Aerobic Exercise**. Potential benefits may include clearer thinking and improved sleep quality.

WHAT THE STUDY INVOLVES

- Up to 4 onsite visits
+ virtual assessments over 26 weeks
- Up to 24 at home intervention sessions
 - Cognitive training
 - Aerobic exercise



WHO CAN PARTICIPATE

- Between the ages of 50-80
- Fluent English speakers
- Have clearance to exercise from physician
- Memory impairment
- Live independently

Research Study Investigators

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