



LA County Medical Association Invites you to join our Physicians and Hospitals



Saturday | June 3, 2017
10 am - Noon

[2.5 mile walk]

Start/End
Bay Club
2425 Olympic Blvd
Santa Monica | CA | 90404

Community Leaders, Booths, Music, and Trainers!

#LACMAWWAD

FREE ENROLLMENT

Visit www.LosAngelesMedicine.org/WalkwithaDoc



For more information and Registration Details contact:

213.226.0313

What is Walk with a Doc? Started in 2005 by Dr. David Sabgir frustrated with his inability to effect behavior change in a clinical setting so he invited his patients for a walk. That Saturday morning, 100 people showed up. The event encourages healthy living and exercise. Walking was recently recognized by the Surgeon General of the U.S. as one of the single most important things we can do for our health.

