We may focus on one or more of these areas:

**Memory & Thinking**
Short term memory loss, concentration problems, and neurocognitive changes are not uncommon with chronic illness. Early identification and management may help ease the journey.

**Bone Health**
Long term use of some medications as well as natural aging may cause bone density and calcium loss. Risk assessment and monitoring may help determine the right time to address these issues.

**Hormonal Changes**
Our body’s health and equilibrium are dependent on many factors, including appropriate balance of hormones. Ensuring that your condition and treatment has not resulted in hormonal changes is important. Addressing these deficits can help with energy, metabolism, sleep, weight, and mood.

**Hematological Changes**
Taking certain medications can affect how our bone marrow functions long after the medication is stopped. Our clinic will help monitor, risk stratify and develop a plan as necessary.

**Pain**
Pain is complicated and may have multiple causes, ranging from nerve to muscular to bony origin. We will address your discomfort and provide you with a variety of options that can allow you to live a full life.

**Mental Health**
Dealing with chronic illness and disease is not easy. Providing you with support and the tools to help you cope with change can greatly improve your quality of life.
Frequently Asked Questions

Q. Is this clinic for me?
A. This clinic is intended to address overall wellbeing, side effects and health issues that can arise during and from treatment. Our routine clinic appointments may not often be long enough to provide the comprehensive care needed. This clinic complements your routine clinic appointments. The hope is to elevate your health so your quality of life and health are at optimum levels throughout your journey.

Q. What is a visit like?
A. The visit is an individual appointment with your provider. You are welcome and encouraged to bring a loved one with you. We also encourage you to bring notes with your concerns.

Q. Is this covered by my insurance?
A. Most insurances will cover this service and we will make sure it is covered prior to your arrival.

Q. How often are the appointments?
A. We recommend checking in every 3 months at first, then reducing to twice yearly. However, the provider will determine if more frequent appointments are needed depending on your symptoms and needs.

Q. Who will I be seeing at my appointment?
A. The SCC is primarily run by an Advanced Practice Provider (a certified Physician Assistant/Nurse Practitioner) and/or an physician. You will also interact with a medical assistant and possibly a registered nurse.

Q. Can these visits be done virtually?
A. Yes, if appropriate, a virtual visit via Zoom may be done and billed to your insurance in the same way as an in-person visit.