



PEPTIDE VACCINE SHOWS REMARKABLE PROMISE AGAINST GLIOBLASTOMA

SEPTEMBER 2024
Brain Matters Newsletter
PACIFIC
NEUROSCIENCE
INSTITUTE®

A novel peptide vaccine against glioblastoma (GBM), a deadly brain tumor, is offering hope to patients with this challenging disease. **Santosh Kesari, MD, PhD**, is a collaborator in a recently published study showing remarkable promise.

[LEARN MORE](#)

In this issue: **Celebrating** Dr. Chester Griffiths. Implications of **The Great Age Wave**. A new glioblastoma **keto clinical trial**. And the links between your **gut microbiome** and your brain. *Enjoy this September Brain Matters newsletter brought to you by Pacific Neuroscience Institute®!*

★ Spotlight Stories



Celebrating 35 Years

Chester Griffiths, MD, FACS's easy-going manner belies his formidable surgical skills. Learn about one of the most beloved ENT surgeons in LA.

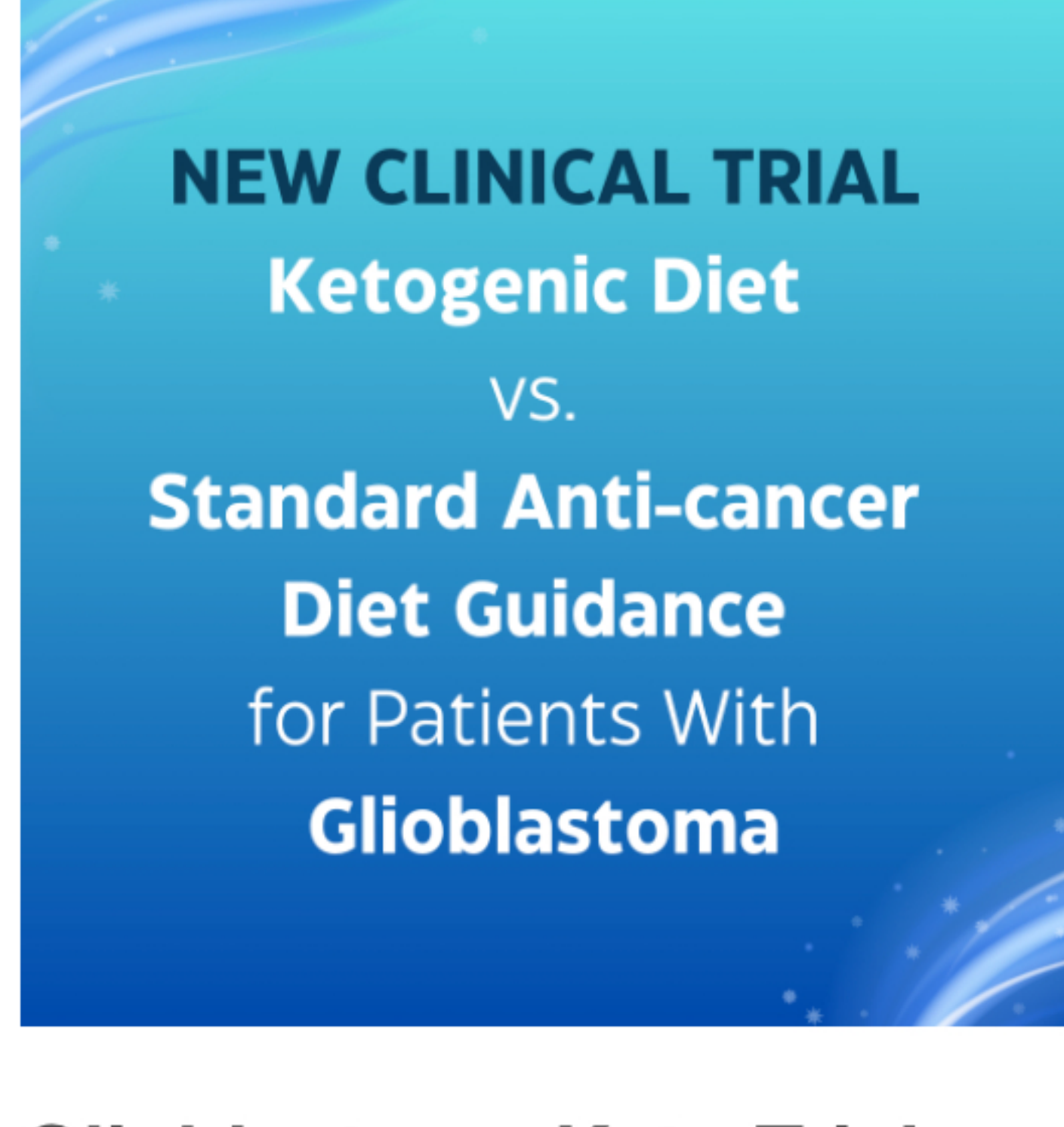
[Find Out More](#)



Maximizing America's Aging Population

What are the implications of America's Great Age Wave? **Scott Kaiser, MD**, takes a positive view.

[Learn More](#)



Glioblastoma Keto Trial

Recruiting newly diagnosed patients who have not yet started treatment, comparing keto vs. standard diet while on first line XRT/TMZ treatment.

neuro.oncology@providence.org or [310-582-7448](tel:3105827448)

[Learn More](#)



Happy Gut = Happy Brain

Strangely, the organisms that make up our gut microbiome have a lot to do with our brains. **Jennifer Bramen, PhD**, explains how.

[Apple Podcasts](#) | [Spotify](#) | [Simplecast](#) | [Watch on YouTube](#)

[Listen Now](#)

🧠 Boost Your Brain Power



Join "Vital Minds" Memory Course with Molly Rapozo, MS, RDN

[ENROLLING NOW](#) | [Live, Online Classes via Zoom](#)

Does it take longer to remember a word? You'll learn strategies to:

- Boost your brain health and memory 🧠
- Optimize your exercise, nutrition, and cognition 🍏
- Reduce stress 🧘
- Use memory more effectively in real-life situations 🧠

[Learn more by calling 213-344-2037](#)

ONLINE COURSE: **Sept 12, 19, 26 & Oct 3, 17, 24** | 11am-Noon



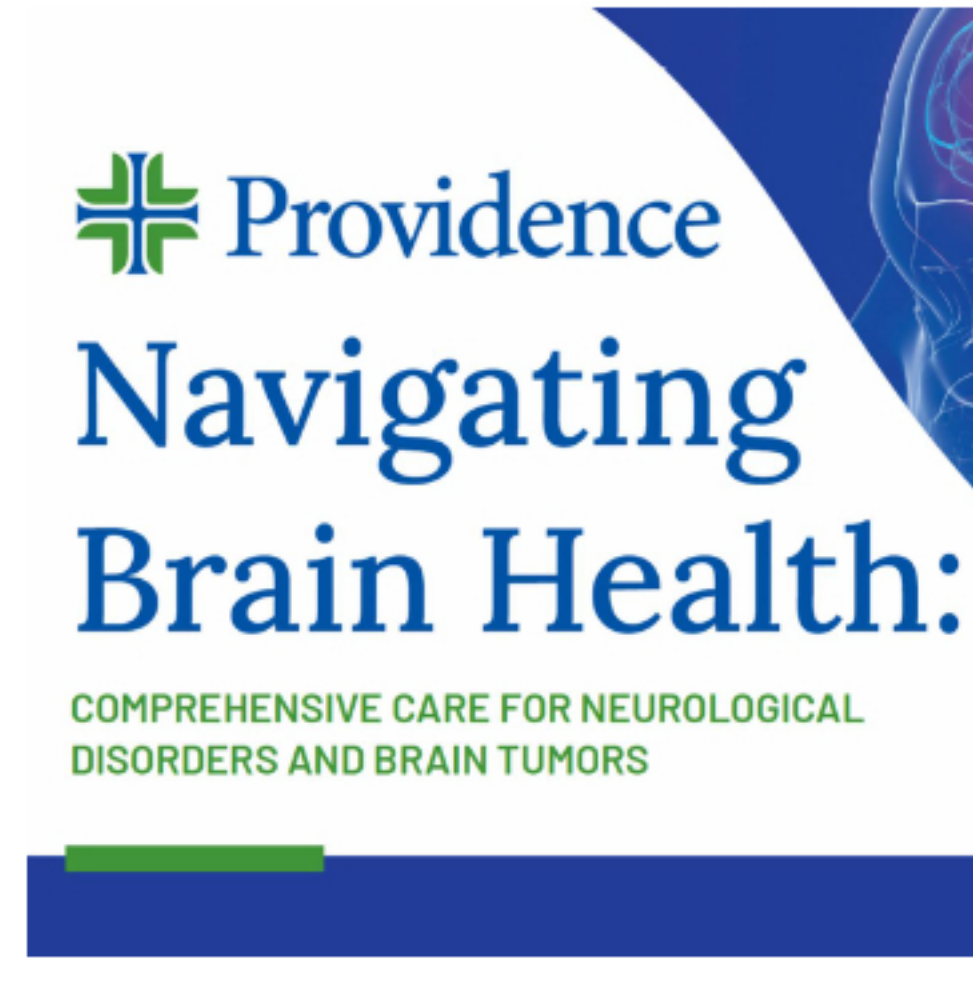
Brain Book Club in Santa Monica

[Thursdays, 11am - 12pm](#) | [Santa Monica YMCA](#) | [Free](#)

Do you wish to keep sharp and connected? Join the BBC! Take advantage of this dynamic and insightful community resource to keep you on top of your brain health! Facilitated by Rick Frieder. **Beginning Sept 12, 2024.**

[Learn More >>](#)

🍁 Save These October Dates!



Brain Health & Brain Tumor Patient Lecture

[Thursday, October 3, 2024, 5:30 - 6:30pm](#) | [Virtual](#) | [Free](#)

Take charge of navigating your brain health! Join us for an expert-led community lecture on holistic treatments for dementia, memory loss, depression and advanced brain tumor therapies.

Moderated by: Dr. Daniel Kelly

Guest speakers: Drs. David Merrill & Walavan Sivakumar

Sponsored by: Providence

[Learn More >>](#)



Acoustic Neuroma Patient Education Event

[Saturday, October 5, 2024, 7:30am - 4:00pm](#) | [Le Méridien Delfina, 530 Pico Boulevard, Santa Monica](#) | [Free](#)

Mark your calendars! PNI experts will be presenting a comprehensive discussion at a special patient education event in collaboration with the Acoustic Neuroma Association.

[Learn More & Register>>](#)



Walk to End Alzheimer's | Beach Cities

[Sunday, October 13, 2024, 9am](#) | [Hermosa Beach Pier Plaza, 1001-1009 The Strand, Hermosa Beach](#) | [Free](#)

Walk to fight for a future without Alzheimer's for our families, our friends and ourselves. Funds raised further the care, support and research efforts of the Alzheimer's Association. Not in Los Angeles? Register at a local walk.

[Learn More >>](#)



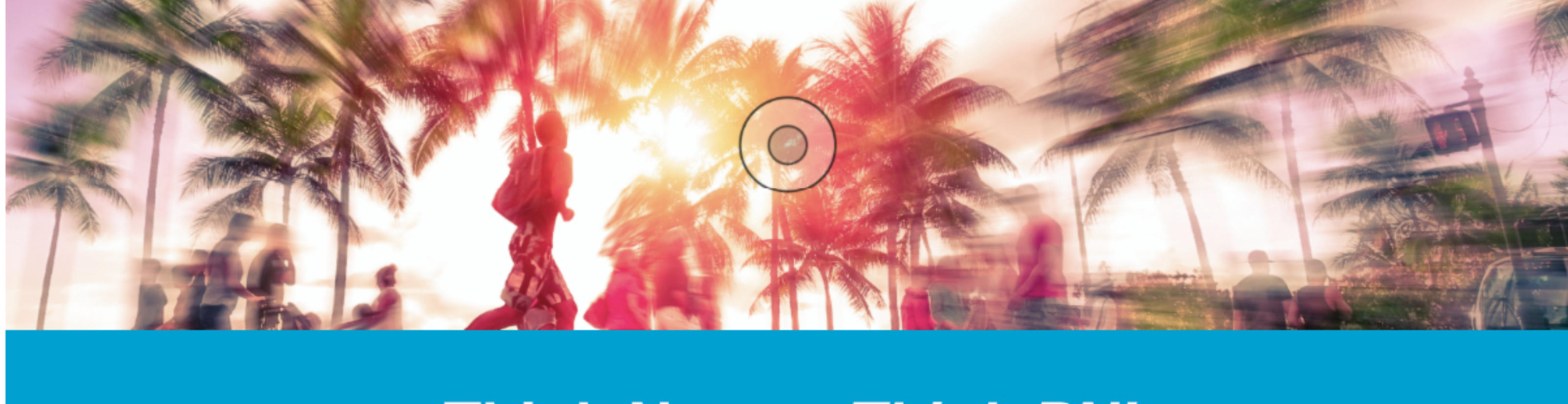
Brain Tumor 5K Walk & Run

[Saturday, October 26, 2024, 8am](#) | [Tongva Park, Santa Monica, CA 90401](#)

Join Pacific Neuroscience Institute at the American Brain Tumor Association's BT5K this year to show your support for our patients and their families as we work to raise funds to advance brain tumor research.

Team Leader: Emmaline Mauritsen, MPAP, PA-C

[Join our team! >>](#)



Think Neuro. Think PNI.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has **40 physicians** taking care of patients with a wide range of neurological conditions. Request an in-person or virtual video online visit by calling (310) 582-7640 or [find a doctor at pacificneuro.org](#).

Accepting new patients for virtual or office consultations.

