

# PACIFIC PITUITARY DISORDERS CENTER

AT PACIFIC NEUROSCIENCE INSTITUTE<sup>SM</sup>

## POST-OPERATIVE CARE AFTER PITUITARY TUMOR SURGERY

This is what to expect after surgery and information regarding follow-up appointments.

### **AFTER CRANIOTOMY:**

- Most patients will spend one night in the intensive care unit (ICU) and then typically one or two additional nights on a regular (non-ICU) ward.
- You will likely have some incisional pain and mild to moderate headache for which you will be given pain medication.
- You may have a CT scan or MRI before your discharge home.
- Your first follow-up appointment with Dr. Kelly or Dr. Barkhoudarian will be 1-2 weeks after surgery.
- Your 2nd follow-up appointment with Dr. Kelly or Dr. Barkhoudarian will typically be 2 - 3 months after surgery.
- Additional follow-up appointments with other specialists will be arranged as needed.
- *Also see Discharge Instructions After Craniotomy.*

### **AFTER ENDONASAL TRANSSPHENOIDAL SURGERY:**

- Most patients will spend one to two nights on a regular (non-ICU) ward.
- You will typically have some incisional pain if you had an abdominal fat graft taken and mild to moderate headache for which you will be given pain medication; nasal congestion and some bloody nasal drainage is also common.
- You may have a CT scan or MRI before your discharge home.
- Your first follow-up appointment with or Dr. Barkhoudarian will be 1-2 weeks after surgery.
- Your 2nd follow-up appointment with Dr. Kelly or Dr. Barkhoudarian will typically be 2 - 3 months after surgery.
- Additional follow-up appointments with other specialists will be arranged as needed.
- *Also see Discharge Instructions After Endonasal Surgery.*

For additional information, please visit our website below, or contact our office at 310-582-7450.

Thank you.

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