



PITUITARY DISORDERS VIRTUAL SUPPORT GROUP For Patients

We invite you to join a virtual support group for patients who have been diagnosed with pituitary, or other sellar and suprasellar lesions.

Support groups provide an opportunity to connect with others who understand the unique experiences of those with pituitary related disorders, and to ask questions regarding their diagnosis. You will have opportunities to connect and share with other patients, as well as talk with knowledgeable guest speakers including healthcare professionals.

The group will be facilitated by experienced Pacific Neuroscience Institute and Providence Saint John's Health Center leaders who provide care for people with pituitary, or other sellar and suprasellar lesions.. We aim to create a community that strengthens one another, shares in moments of triumph and sorrow, and empowers its members with knowledge.

**Free meetings are held monthly
via Zoom**

**2nd Thursday of each month
12:15pm to 1:00pm PST**

For more information, please contact us at:
310-582-7663

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PACIFICPITUITARY.ORG | PACIFICNEURO.ORG

PITUITARY DISORDERS VIRTUAL SUPPORT GROUP

Frequently Asked Questions

How do I sign up?

If you are interested in joining the support group, please scan the QR code on the flyer to be taken to our registration page. You will receive a Zoom link to join each support group meeting prior to the day of the event. Please do not share the link with anyone.

What can I expect in this group?

Each session will be led by one of the facilitators. We will start off with a welcome, brief introduction, review of participation and privacy, and this will be followed by a brief centering activity and then education on the topic of choice for 15-20 minutes. We will then open for facilitated discussion allowing time for comments, sharing and connecting.

Is there a contact list for the other participants so I can connect?

Due to privacy reasons, we cannot provide you with information of other participants. However, in the session, you can choose to connect if that is a mutual choice.



Are there any rules I should be aware of?

Yes. We will be sending you a consent after you register that you will be able to sign electronically. The rules focus on respect, privacy, and are straightforward.

Here are a few highlights.

- This is not a group for medical advice specific to your tumor. We will be providing overall education but not providing 1:1 medical recommendations. We ask that participants refrain from providing medical advice to each other. Helpful tips for the journey are welcome.
- This is meant to be a safe space and judgment-free zone. Criticism will not be tolerated.
- Please do not share anyone else's personal details with others not on the group, resist the temptation to post other's journeys on social media. Breaking this trust may be cause for dismissal from the group.
- No pictures or recordings will be allowed.
- Each journey is different, circumstances differ, and treatment might differ. The focus is that this is a shared path, but the view may be different for each.
- We will prioritize confidentiality within the group, but please understand that there is always a risk.

**PACIFIC PITUITARY DISORDERS CENTER at
PACIFIC NEUROSCIENCE INSTITUTE®**
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