

JULY 2022



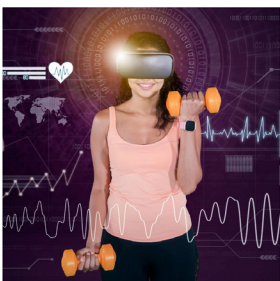
HAPPY
4TH OF JULY!

Tips for Enjoying the 4th of July

Celebrate the 4th of July with brain health tips from Pacific Neuroscience Institute (PNI) experts. PNI's Little Company of Mary's spine specialist **Jian Guan, MD**, and neurosurgeon **Walavan Sivakumar, MD**, discuss how to protect your spine and brain health when watching fireworks. Plus, learn how those you love who are living with dementia can enjoy the festivities.

[Discover More](#)

PNI Stories



VR Exergames Could Offer Hope for Delaying Dementia

At Pacific Brain Health Center's high-tech gym, **David Merrill, MD**, and FitBrain trainer **Ryan Glatt** are using virtual reality "exergaming" for older adults in a clinical setting.

[Learn More](#)



Supporting Brain Health with Neuropsychology Services

Highly-trained neuropsychology experts **Stella Panos, PhD**, and **Kirsty Bortnik, PhD**, consult with patients at the Pacific Brain Health Center.

[Watch Now](#)



What Is Ramsay Hunt Syndrome?

Facial nerve expert, **Amit Kochhar, MD**, explains Ramsay Hunt syndrome, a rare condition that also causes chickenpox and shingles.

[Read More](#)



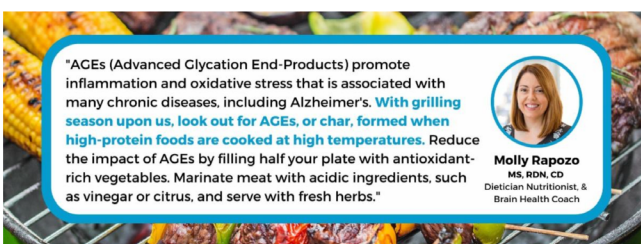
Learning To Live Out Loud with Brain Cancer | Tatiana Sarkisian

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More things to explore below!

Brain Health Corner: Molly's Tips



News & Events



Brain Tumor Webinars Featuring our Experts

PNI hosted a series of expert brain tumor webinars for "Go Gray In May," a month of brain tumor awareness. Learn about the latest updates in brain tumor neurosurgery, patient support, and follow-up care.

[WATCH WEBINARS >>](#)



MS Summer Soirée An Evening with the National MS Society

Thursday, August 11th 2022, 7 PM PST
Academy LA, 6021 Hollywood Blvd, Los Angeles, CA 90028
Support those living with Multiple Sclerosis with PNI Foundation and National Multiple Sclerosis Society. Raise awareness of MS and celebrate with food, music, and entertainment.

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