

BRAIN MATTERS NEWSLETTER

THINK NEURO. THINK PNI.

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NEW DRUG FOR LEWY BODY DEMENTIA SHOWS PROMISE

An investigational drug has shown significant improvement for patients with [Lewy Body Dementia](#) in a clinical trial that included participants at the **Pacific Neuroscience Institute** located at **Providence Saint John's Health Center**.

Patients involved in the phase 2 Ascend-LB clinical trial sponsored by EIP Pharma were those who exhibited mild to moderate symptoms. **Dr. Melita Petrossian**, Director of the Pacific Movement Disorders Center said that results are very encouraging and some patients asked to continue using the drug after the trial period ended.

[Read More](#)



TREATING THE "SUICIDE DISEASE" WITH A LIGHT TOUCH DR. GARNI BARKHOUDARIAN

Ever heard of a disease called **Trigeminal Neuralgia**? It's called the "Suicide Disease" because it causes unbearable pain in the face and temples. It's often triggered by everyday things like brushing teeth, shaving, or putting on makeup. In many cases, the culprit is an out-of-place blood vessel that rubs against the trigeminal nerve in the side of the face. **Dr. Garni Barkhoudarian** and the [Pacific Facial Pain Center](#) team offer a comprehensive approach to treatment.

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LOCATIONS

- ▶ **PNI-Santa Monica | 310-582-7640**
[2125 Arizona Ave](#)
[Santa Monica, CA 90404](#)
- ▶ [1301 20th St](#)
[Santa Monica, CA 90404](#)
- ▶ **PNI-Wilshire | 310-477-5558**
[11645 Wilshire Blvd, #600](#)
[Los Angeles, CA 90025](#)
- ▶ **PNI-South Bay | 424-212-5361**
[5215 Torrance Blvd, #300](#)
[Torrance, CA 90503](#)
- ▶ [4201 Torrance Blvd, #520](#)
[Torrance, CA 90503](#)

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COUNTDOWN TO TRIP AT PNI



Many people are living with **mental health burdens** which are often chronic symptoms of deep-rooted unresolved experience. Today, multiple clinical trials are underway at several institutions testing a variety of **psychedelic drugs including psilocybin**, the active ingredient of magic mushrooms, MDMA (ecstasy), and ketamine, for a diverse range of indications including major depression, Post-Traumatic Stress Disorder (PTSD), anxiety disorder, end-of-life and palliative care setting, as well as alcohol, nicotine and other substance use disorders.

PNI's new **Treatment & Research in Psychedelics (TRIP) program** offers safe, holistic, and expert care to help disrupt negative thought patterns and heal the mind. In psychedelic-assisted therapy, the psychedelic medication is a **catalyst** to enhance self-exploration and accelerate the psychotherapy process.

TRIP has two paths that are available to patients.

1. Treatment with Ketamine

Patients with depression, anxiety, PTSD, end-of-life distress, chronic pain, drug/alcohol problems, and other conditions may be eligible for psychedelic-assisted therapy with ketamine. *Available now.*

[Ketamine Treatment](#)

2. Clinical Trial with Psilocybin for Alcohol Use Disorder

Dr. Keith Heinzerling and researchers at the Pacific Treatment & Research in Psychedelics (TRIP) Program are seeking individuals who want to **stop/reduce alcohol** intake for participation in a clinical trial. This research study is aimed at identifying ways to optimize the counseling and support program for psilocybin-assisted therapy for alcohol use disorder. *Beginning in late December 2020.*

[TRIP Clinical Trial for Alcohol Use Disorder](#)

Look Forward to TRIP Podcast Episodes!

Nov. 18: Dr. Keith Heinzerling & Cinematographer Louie Schwartzberg

Dec. 16: Dr. Daniel Kelly & Somatic Therapist Françoise Bourzat

Dec. 30 | Special Discussion: Dr. Daniel Kelly, Dr. Keith Heinzerling & Françoise Bourzat

[Read More About TRIP at PacificTRIP.org](#)

PNI RESOURCES AT YOUR FINGERTIPS



VIDEO LIBRARY

With over a hundred videos, you can learn about our doctors, programs, conditions we treat, and even how to perform surgical procedures!

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CARE TEAMS

Expertise, collaboration, and innovation is essential in providing the best possible care today while advancing novel treatments for tomorrow.

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SUPPORT GROUPS

A major mission of the Pacific Neuroscience Institute is to provide education, support, and empowerment for those dealing with neurological challenges.

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CENTERS OF EXCELLENCE

The **Pacific Neuroscience Institute** proudly houses 10 specialized neuro centers with expertise that spans the clinical neuroscience landscape.

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BLOG

Check out our blog for informative insights on brain acuity, staying healthy during troublesome times, & more!

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PODCASTS

Tune in for weekly Podcast Minis as well as cool in-depth conversations about the brain each month.

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