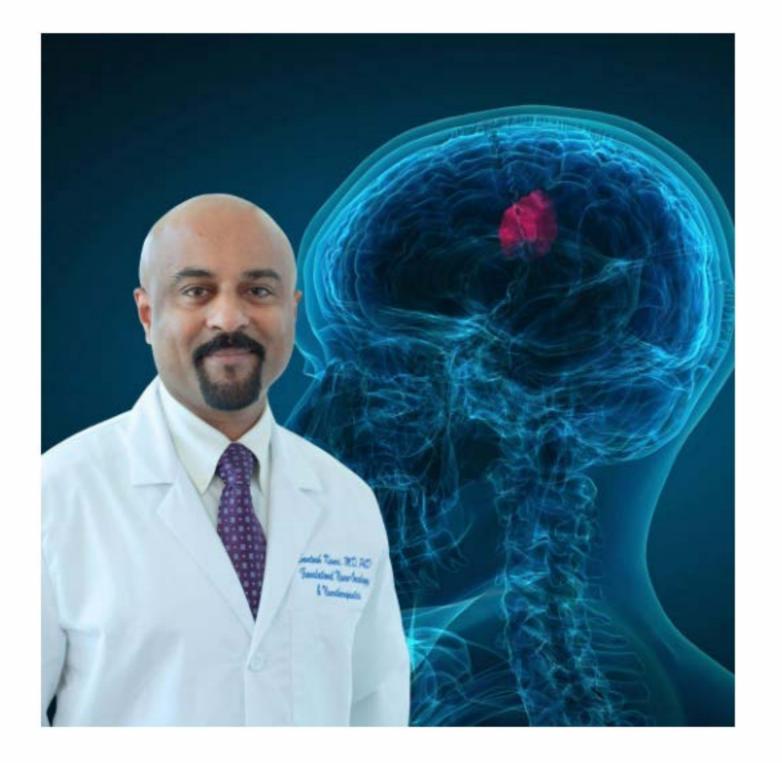
### PACIFIC NEUROSCIENCE INSTITUTE®

## The Hidden Power of Cognitive Reserve

Join Senior Research Scientist, Jennifer Bramen, PhD, as she reveals how cognitive reserve protects against cognitive decline and memory loss. Plus, learn 4 expert tips to enhance your brain health.

Learn More

# Spotlight Stories 💡





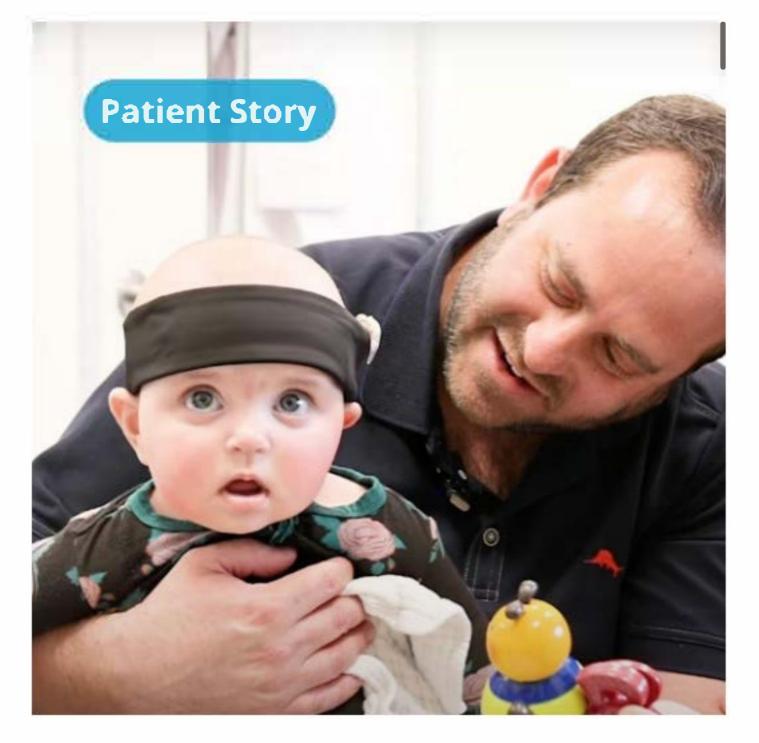
### Phase 2 Trial Offers Hope for Brain Cancer Survival

Santosh Kesari, MD, PhD, neurooncologist and board certified neurologist, published results from a phase 2 clinical trial for recurrent glioblastoma (rGBM), offering hope for improved survival outcomes and advancing potential new treatments.

### 6 Tips to Conquer Your Travel Anxiety

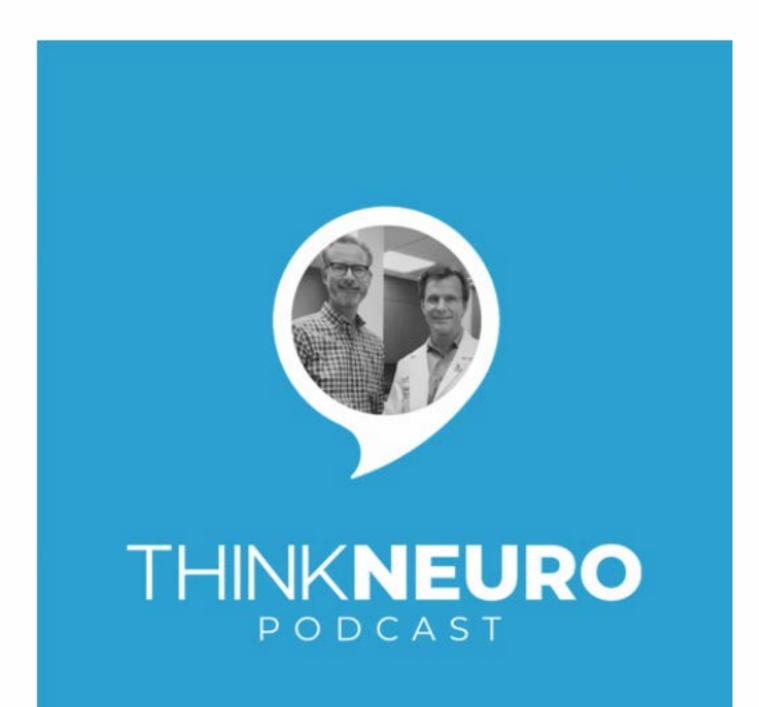
Stressed about your summer vacation? Learn the surprising connection between travel and anxiety, and discover techniques to alleviate travel stress. Plus, explore the cognitive health benefits of embracing new experiences!

### Learn More



Baby Hears Music For The First Time After Receiving Cochlear Implant

#### Learn More



Magic Mushrooms: Pushing Frontiers in Mental Health

Early cochlear implantation, ideally performed before 9 months of age, fosters a more organic and harmonized language development for children with hearing loss. Witness the heartwarming journey of 6-month-old Sienna as she hears music for the very first time.

Keith Heinzerling, MD and Daniel Kelly, MD talked to Kym Douglas on *Your Daily Dose* Podcast. Together, they discussed psilocybin's potential to treat mental health conditions.

### Apple Podcasts | Google Podcasts | Spotify | Simplecast | YouTube



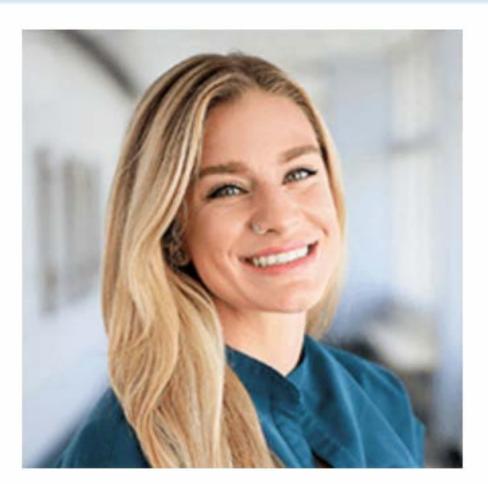
### Watch Now

## News & Events



### Facing Memory Loss or Cognitive Decline? Discover Our Science-Based Solutions. Now enrolling for Summer 2023

If you or a loved one have recently been diagnosed with mild cognitive impairment (MCI), you may be feeling overwhelmed and uncertain about what lies ahead. Take back control of your cognitive health with *Vital Minds<sup>sm</sup>*, an interactive program led by expert brain health trainers. Your path to brain wellness starts here!



#### LEARN MORE >>

### New Care Partner Webinar for Incontinence Management Available now

Join Mariah Mohotz, BSN, RN, OCN, Nurse Navigator, as she delves into comprehensive techniques for effective incontinence management. Gain invaluable insights on safe handling practices, particularly for loved ones who have limited mobility or are undergoing chemotherapy.

WATCH NOW >>



### Celebrating Freedom & Independence! July 4, 2023

On the 4th of July, we celebrated Independence Day and paid tribute to the enduring values that bind us as a community.



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### **VIEW OUR LOCATIONS**

PNI has over **35 physicians** taking care of patients with a wide range of neurological conditions in Santa Monica, Torrance and Burbank. Request an in-person or virtual video online visit by calling (310) 582-7640 or find a doctor at pacificneuro.org.

### Accepting new patients for virtual or office consultations.

