



Join Us for Brain Tumor Awareness Month

May is Brain Tumor Awareness Month, a time to amplify and empower the voices of the brain tumor community. This year, we celebrate practicing resilience, gratitude, and self-care. Join us for educational, informative, and fun events for the brain tumor patient and care partner community as we **#GoGrayInMay**.

[Read More](#)

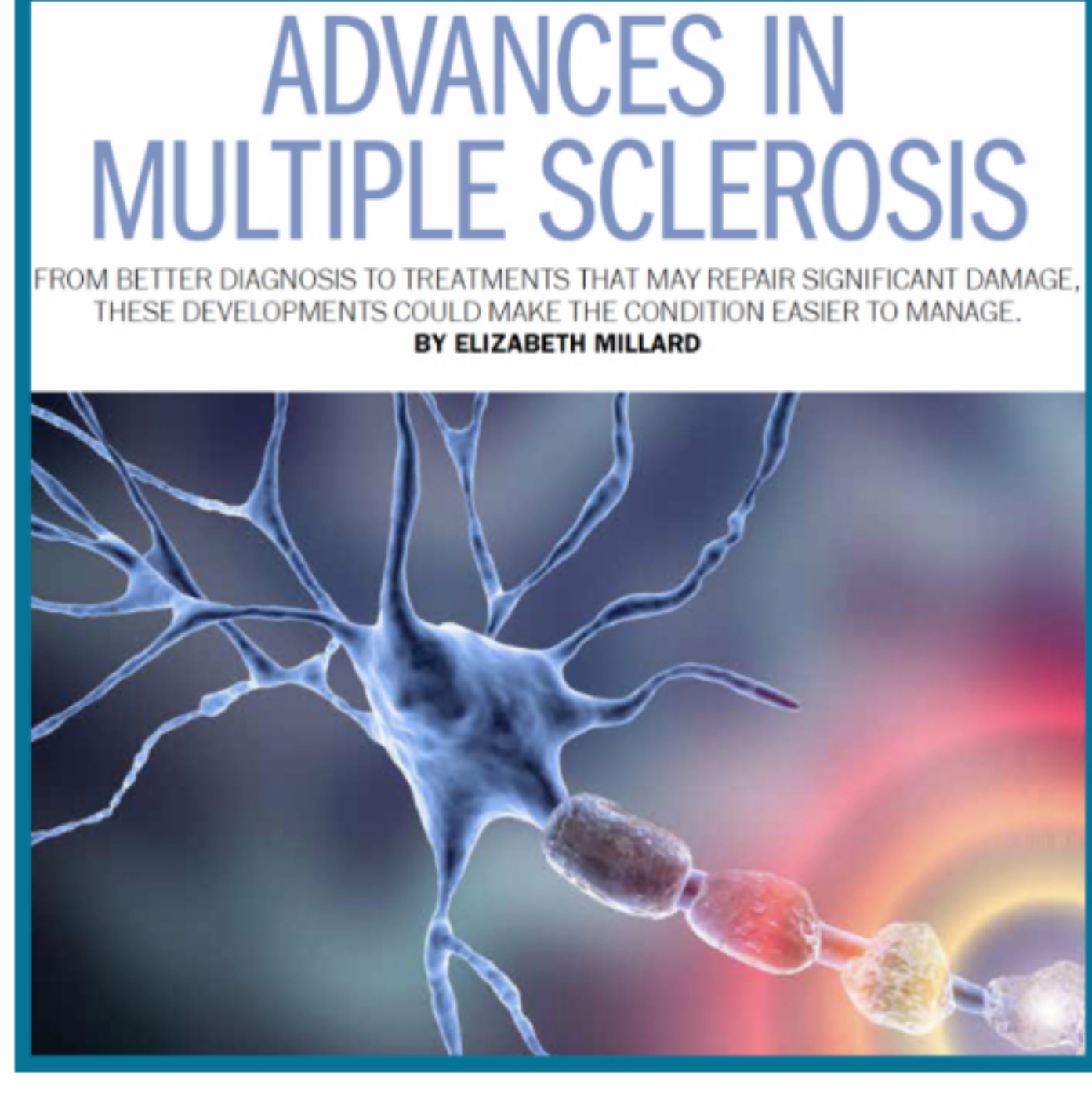
PNI Stories



Relieve Stress with Virtual Reality Exercise: A New Way to Stay Calm

Virtual reality exercise may help reduce stress and improve balance for stroke patients. Discover the latest research on virtual reality exercise with Brain Health Coach, **Ryan Glatt, CPT**.

[Learn More](#)



TIME Magazine Spotlight: Multiple Sclerosis Treatment at PNI

Neurologist **Barbara Giesser, MD**, discusses the evidence-based lifestyle and wellness strategies that transform the care and treatment of people living with MS. As seen in **TIME Magazine**.

[Learn More](#)



Surgical Approaches for Acoustic Neuroma: Which Is Best for You?

In honor of National Acoustic Neuroma Awareness Week in May, explore surgical approaches to restore hearing with **Courtney Voelker, MD, PhD**, and **Garni Barkhoudarian, MD**.

[Learn More](#)

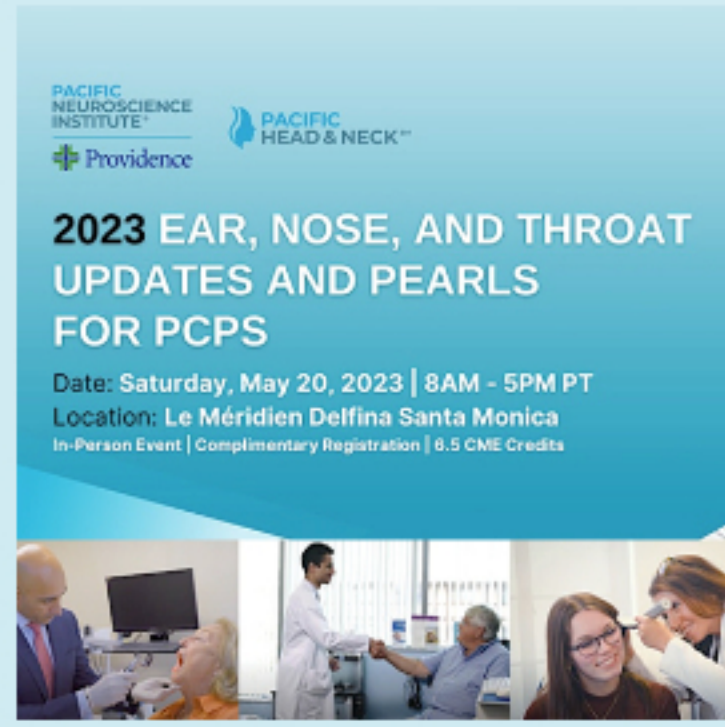


Treating the Effects of Cancer on Mind & Spirit | Think Neuro Podcast

Learn about mental health and cancer with **Shanthi Gowrinathan, MD**. [Apple Podcasts](#) | [Google Podcasts](#) | [Spotify](#) | [Simplecast](#) | [YouTube](#)

[Listen Here](#)

News & Events



Attention All PCP Physicians! **FREE CME Course: Ear, Nose & Throat Updates** Saturday, May 20th, 8am-5pm PST

Le Méridien Delfina Santa Monica, 530 Pico Boulevard, Santa Monica, CA 90405

This one-day CME experience will review the management for common ear, nose, and throat concerns and provide updates for numerous otolaryngology sub-specialties. Register today!

[LEARN MORE >>](#)



Mind & Body Longevity Summit

[Register now for this FREE online course!](#)

May 5th - 7th

Discover 50+ ways to enhance your health and maximize your life. Pacific Neuroscience Institute expert **Daniel Kelly, MD**, will be presenting "Neuroplasticity: Psychedelics & Psychedelic-Assisted Therapy". Tune in to these encore weekend talks!

[LEARN MORE >>](#)



Brain Tumor Virtual Support Groups

2nd & 4th Thursdays (monthly), 4:30-5:30 PM PST

Held virtually on Zoom

We invite you to join virtual support groups for patients affected by primary brain tumors or metastatic cancers of the brain. Loved ones and care partners are welcome.

[LEARN MORE >>](#)



Free Stroke Health Fair

Saturday, May 27th, 8am-12pm

Las Palmas Senior Center, 505 S. Huntington St, San Fernando, CA 91340

May is Stroke Awareness Month. Join us for a day of family fun and learn about stroke risks and prevention. Sponsored by Providence Holy Cross, Mission Hills.

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Brain Tumor Awareness Day & Walk

Wednesday, May 31st, 10am-2pm PST

Providence Saint John's Health Center, 2121 Santa Monica Blvd, Santa Monica, CA 90404

Our grand finale event for Brain Tumor Awareness Month is a special walk at 1pm around the hospital for patients, caregivers, loved ones, advocates, and staff. Our pre-walk morning events will be held at Flaherty Commons and will feature a sponsored lunch, volunteer dogs, and booths from Novocure, American Brain Tumor Association, and Cancer Support Community Los Angeles.

[LEARN MORE >>](#)

Think Neuro. *Think PNI.*

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has over **35 physicians** taking care of patients with a wide range of neurological conditions in Santa Monica, Torrance and Burbank. Request an in-person or virtual video online visit by calling (310) 582-7640 or find a doctor at pacificneuro.org.

Accepting new patients for virtual or office consultations.

