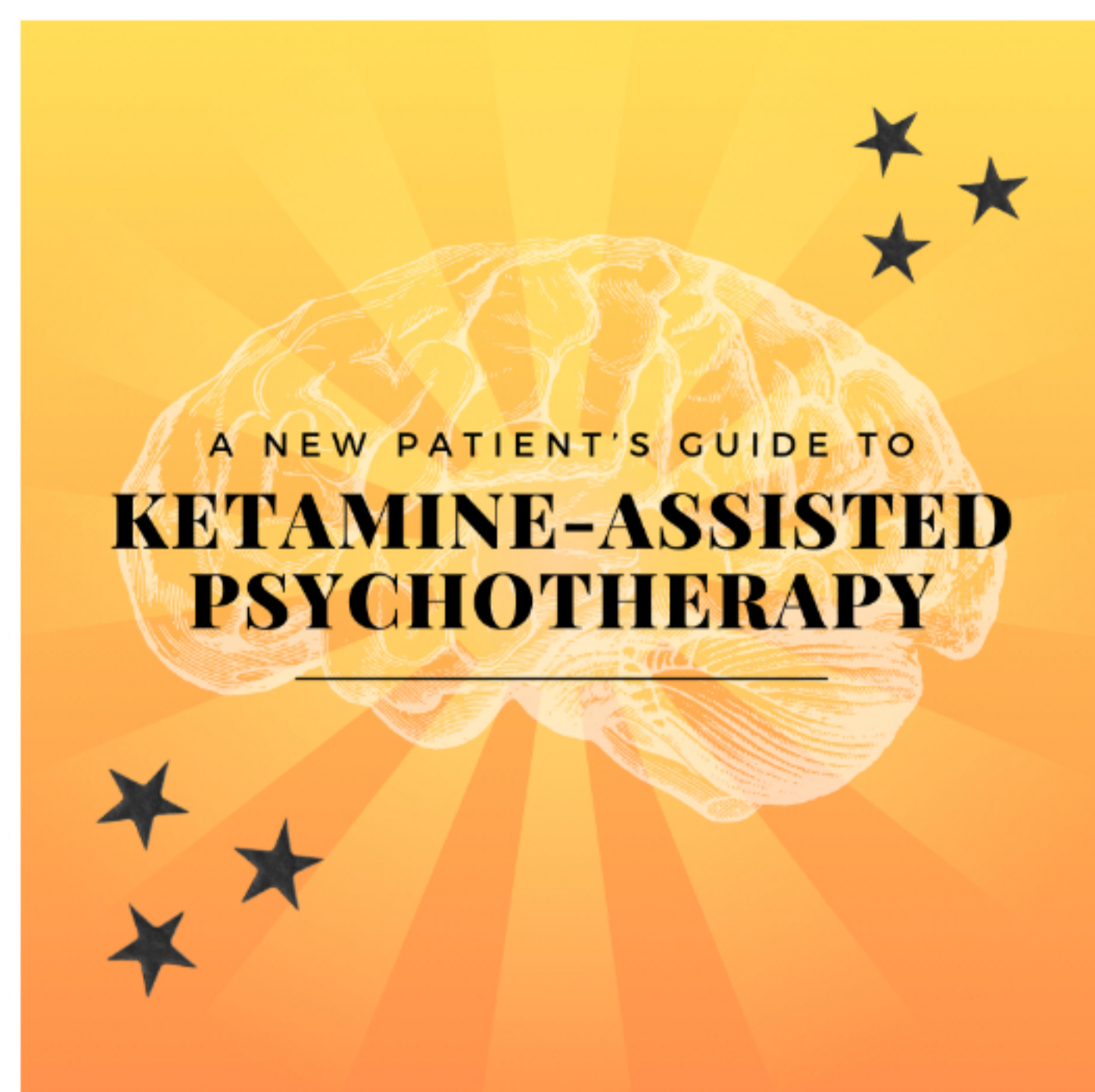


# CUSHING'S DISEASE

Did you know that **Cushing's disease** is caused by a benign tumor growing on the pituitary gland resulting in a plethora of problems including **obesity, hypertension, and diabetes**? April 8 is Cushing's Awareness Day, in honor of Dr. Harvey Cushing who first diagnosed this strange disease. Learn more in this deep dive article by neurosurgeon and Pacific Pituitary Disorders Center director, **Dr. Daniel Kelly**.

[Dive In](#)

## ★ Spotlight Stories



### KAP for Depression - A New Patient's Guide

In recent years, **ketamine-assisted psychotherapy (KAP)** has emerged as a promising treatment offering hope for those with conditions including **depression, anxiety, and PTSD**.

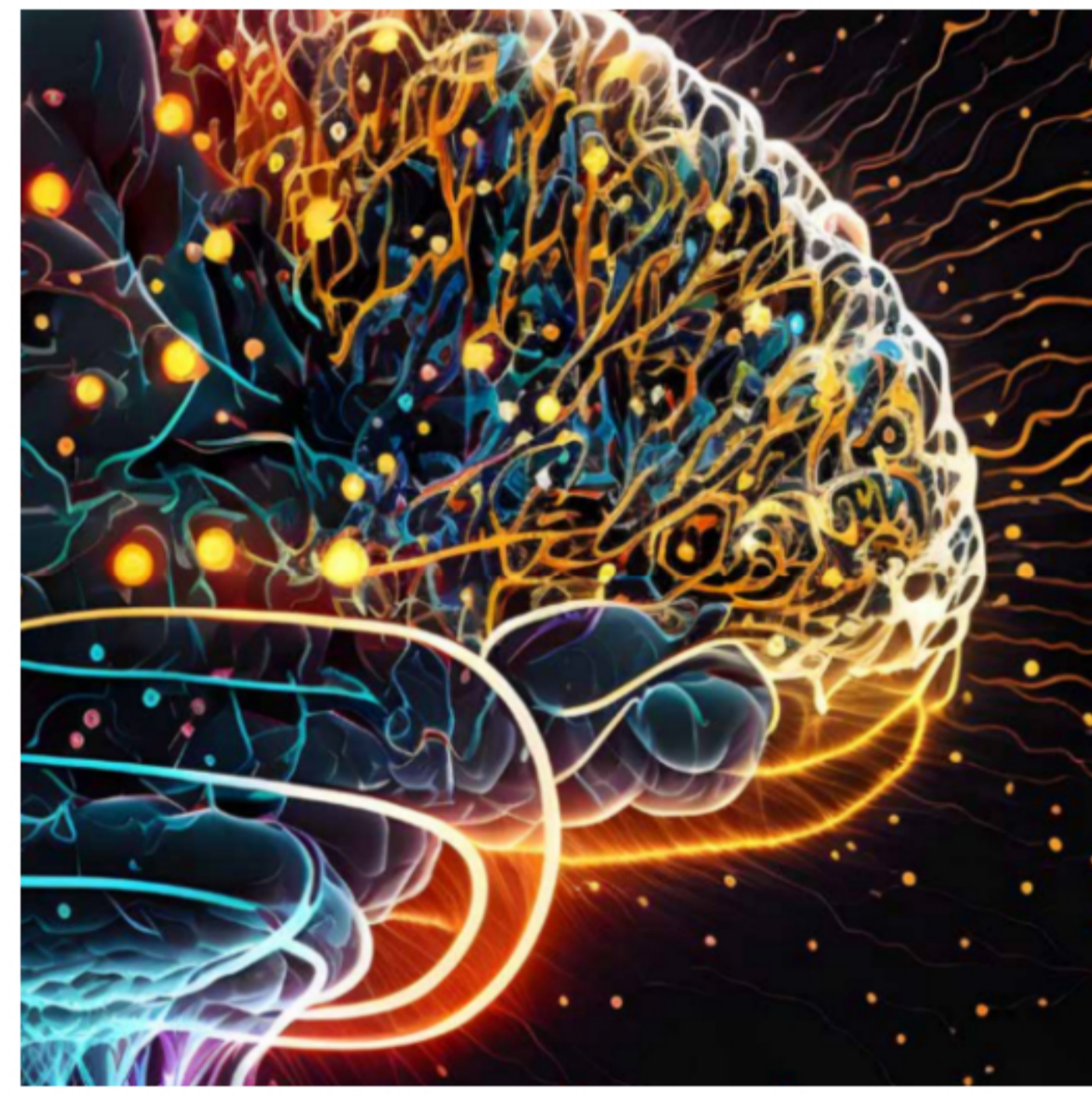
[Learn More](#)



### 7 Essential Things About Essential Tremor

Essential Tremor causes **involuntary shaking**. It is an often misunderstood or misdiagnosed movement disorder, which can significantly impact the daily life of millions worldwide.

[Find Out More](#)



### Hot Off the Press: 2023 PNI Year-In-Review

Discover how PNI is making strides in **Brain Health - The New Frontier!** Learn about our achievements and advanced treatments that changed the lives of patients in 2023.

Plus, look into exciting plans for 2024.

[Learn More](#)



### Understanding Multiple Sclerosis

PNI multiple sclerosis neurology specialist **Dr. Barbara Giesser** is Kym Douglas' guest on the Saint John's Health Center Foundation podcast.

[Apple Podcasts](#) | [Google Podcasts](#) | [Spotify](#) | [Simplecast](#) | [YouTube](#)

[Watch Now](#)

## 🎉 News & Events



### Walk MS in Conejo Valley

**Saturday, April 13, 2024 | 9:45 am PT**  
**Conejo Creek North Park, 1379 E Janss Rd, Thousand Oaks, CA 91362**

Join the National Multiple Sclerosis Society for a special event. Join the movement, and show that together, we are stronger than MS. Register at the link below.

[Register >>](#)



### Clear Minds: Memory & Mental Wellbeing Workshop Series in May

**May 8 - May 30, 2024 | Santa Monica YMCA | No Cost | Virtual & In-Person Options Available**

Join a free 4-week course offered by **Brain Wellness & Lifestyle** and sponsored by LA County Department of Mental Health. Clear Minds workshops provide evidence-based approaches for mental wellbeing, brain health and memory. **You're welcome to join us for any and all sessions!**

[Learn More & Register >>](#)



### Save the Date: 4th Annual Brain Tumor Awareness Walk

**May 29, 2024, 12:30pm | Healing Garden, Saint John's Health Center, Santa Monica**

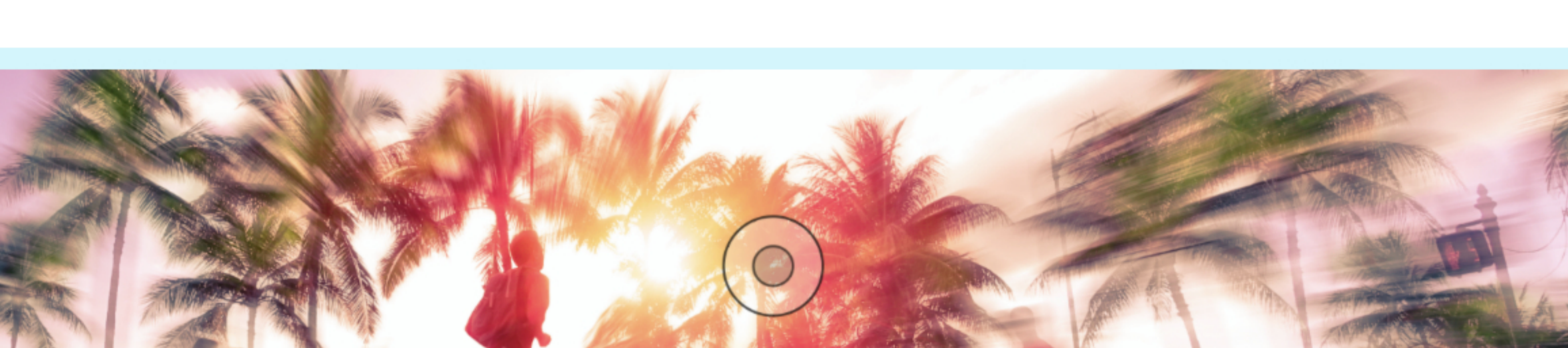
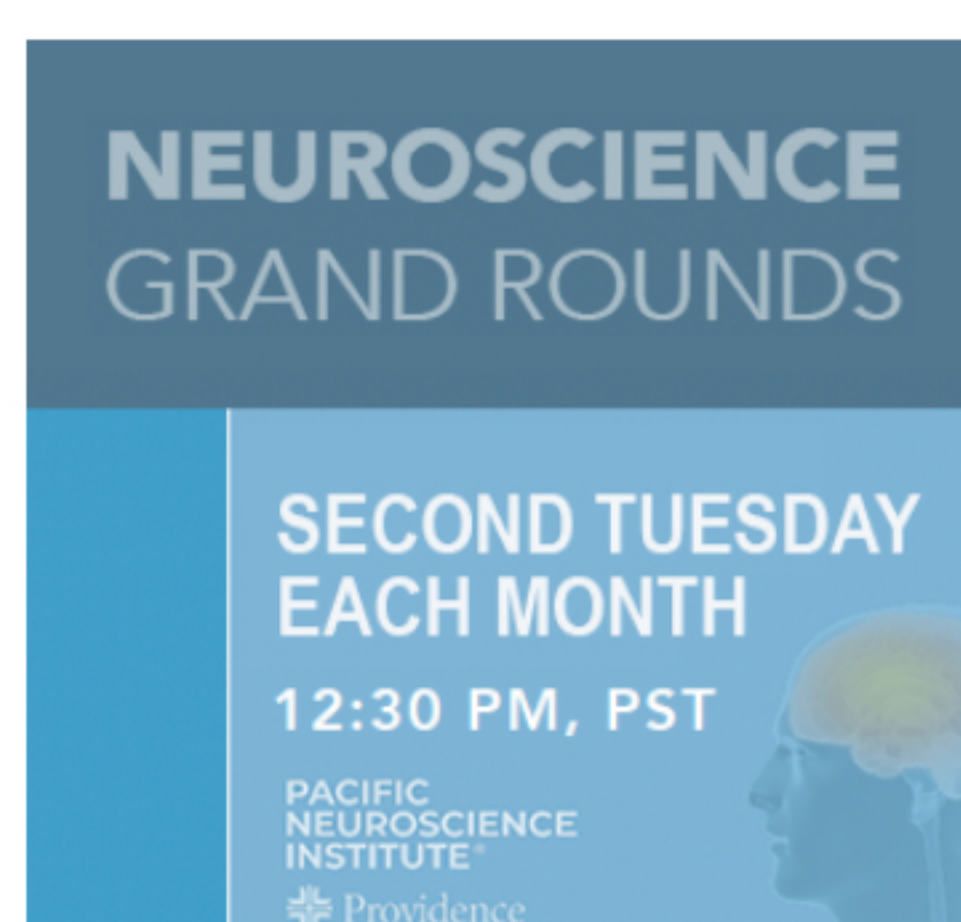
**Brain tumor awareness month** in May will highlight supportive resources for patients and their loved ones. Get ready to join our 4th celebratory walk with neuro-oncologist **Dr. Akanksha Sharma** and the experts from Pacific Brain Tumor Center and Saint John's.

### Monthly Grand Rounds | Virtual

**Second Tuesday of Each Month at 12:30 pm PT**

**Attention doctors!** Are you interested in expanding your neuroscience knowledge? Join our virtual Grand Rounds each month hosted by neurosurgeon **Dr. Walavan Sivakumar** at PNI-South Bay.

<https://zoom.us/join>  
**WEBINAR ID: 895 4586 0279 | PASSCODE: 32222**



## Think Neuro. Think PNI.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire  
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has **39 physicians** taking care of patients with a wide range of neurological conditions. Request an in-person or virtual video online visit by calling (310) 582-7640 or find a doctor at [pacificneuro.org](http://pacificneuro.org).

Accepting new patients for virtual or office consultations.

