



PARKINSON'S DISEASE WEBINAR SERIES

Everything Parkinson's

Hosted by
Pacific Movement Disorders Center

12 to 1 pm | FIRST MONDAY OF THE MONTH
For holidays, webinar will be moved to the next Monday

Zoom Link: <https://tinyurl.com/y2bf99qx>

Webinar ID: 894 5881 7673

Passcode: 695469

Or Telephone: US: +1 669 900 6833

Parkinson's disease (PD) can impact many aspects of life for those who live with the disease as well their loved ones who support them. The spectrum of symptoms, which can include motor symptoms such as tremor, muscular stiffness, and balance problems as well as non-motor symptoms such as depression, anxiety, changes in behavior, cognition, and sleep, can vary from person to person as can their impact on daily activities. As a chronic and slowly progressive condition that can span decades, symptoms and their response to treatment can change over time.

The Pacific Movement Disorders Center believes that knowledge empowers those with Parkinson's disease and their caregivers to be active participants in their treatment and to live to their fullest with Parkinson's disease. To help patients and their families better navigate their journey with Parkinson's disease, the Pacific Movement Disorders Center is introducing a free, recurring, virtual educational series to discuss specific topics regarding motor and non-motor symptoms, treatment options, alternative therapies, as well as exercise, nutrition, and lifestyle strategies.

For more information contact:

310-582-7433 | Giselle.Tamula@providence.org