

## Brain Wellness & Lifestyle Programs

### PNI Launches Brain Wellness & Lifestyle Program

PNI has launched the Brain Wellness and Lifestyle Program. Led by nationally acclaimed memory expert **Karen Miller, PhD**, the program is an innovative mix of memory training, exercise, and nutrition-based curricula focused on improving short-term memory, attention, and executive skills in older adults.

[Learn How to Enroll](#)

## PNI Stories



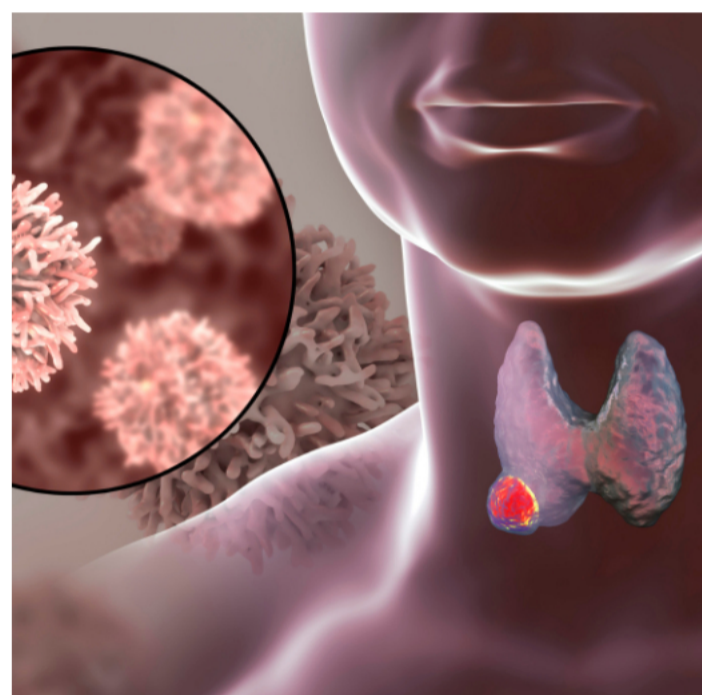
### New Cochlear Implant Program for Adults & Children

Hearing aids may not always be the appropriate solution for hearing loss. PNI's new state-of-the-art Cochlear Implant Program for adults and children is led by Rhodes Scholar **Courtney Voelker, MD, PhD**.

[Read More](#)


### Social Isolation May Increase Stroke & Heart Attack Risk in Older Adults

Social isolation may increase the risk of stroke and heart attack in older adults. Discover why with **Sandra Narayanan, MD**, Neurointerventional Surgeon, Pacific Stroke & Neurovascular Center.

[Discover More](#)


### Clinical Research for Head & Neck Tumors

PNI Head and Neck surgeon **Evan Walgama, MD**, is helping patients make informed decisions by providing them with the latest research and treatment options.

[Read the Story](#)


### Brain Health Dynamic Duo | Dr. Jennifer Bramen & Dr. Karen Miller

Subscribe:  
[Apple Podcasts](#) | [Google Podcasts](#) | [Spotify](#) | [Simplecast](#) | [YouTube](#)

[Listen Now](#)

*More things to explore below!*

## News & Events



### Alzheimer's Event with John Mayer! HFC 10th Birthday Extravaganza

**Saturday, October 1st, 2022 6:30 PM PST**  
**Rolling Hills on Mateo, Los Angeles, CA**

PNI is very excited to participate in Hilarity for Charity's 10th Birthday Extravaganza. 500+ guests and celebrities in Los Angeles celebrate HFC's impact on Alzheimer's research, and its mission of providing brain health education and respite caregiving. Guest Brain Health Coach: **Ryan Glatt, MS**.

[LEARN MORE >>](#)


### Save the Date! Upcoming Brain Tumor 5K

**Saturday, November 5th, 2022 8 AM PST**  
**Hahamonga Watershed Park, Pasadena, CA 91103**

PNI is a proud sponsor of the American Brain Tumor Association's upcoming Brain Tumor 5K in Los Angeles. Run with us in the spirit of the day by supporting brain tumor research and patient advocacy. Guest Speaker: **Garni Barkhoudarian, MD**.

[LEARN MORE >>](#)


### Welcome, Alexander M. Solomon, MD!

**Alexander M. Solomon, MD**, is a neuro-ophthalmologist and strabismus surgeon at Pacific Neuroscience Institute in Santa Monica and Torrance, CA. Dr. Solomon's personal philosophy is that each patient is an individual and that diagnosis and optimal management of any disease are best carried out in conjunction with patient and family education, and understanding.

[LEARN MORE >>](#)


### PNI's New Chief Administrative Officer

**Chris Cosgrove, MBA**, is the Chief Administrative Officer of Pacific Neuroscience Institute, where he leads medical group financial operations, strategy, and business development. Chris is an accomplished executive with over 15 years of experience in both academic medical center and private practice administration. He is passionate about developing and scaling patient-focused and fiscally sustainable healthcare delivery programs. Welcome, Chris!

[LEARN MORE >>](#)


**Think Neuro. Think PNI.**

**PNI-Santa Monica (310) 582-7640 | PNI-South Bay (424) 212-5361**

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire - Playa Vista  
 Newport Beach - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has **39 physicians** taking care of patients with a wide range of neurological conditions in Santa Monica and Torrance. Request an in-person or virtual video online visit by calling (310) 582-7640 or find a doctor at [pacificneuro.org](http://pacificneuro.org).

**Accepting new patients for virtual or office consultations.**

