

THE POWER OF IMMUNOTHERAPY

Our immune systems hold the power to treat cancer. Composed of various types of cells, tissues, and organs, the immune system serves as more than the body's main defense against foreign invaders such as bacteria and viruses. It also recognizes cancer cells as foreign invaders and eliminates them too. Sometimes though, the defense is not able to find the cancer cells or keep up especially as we age. So, the cancer cells continue to multiply, eventually forming cancer.

World-renowned neuro-oncologist, **Dr. Santosh Kesari** talks about the power of immunotherapy in the treatment of brain tumors.

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ALZHEIMER'S: TOO COMMON, AND SO MYSTERIOUS with DR. VERNA PORTER

One in ten Americans who are 65 and older suffer from Alzheimer's disease. It's the 6th leading cause of death in the country, and it is a scourge worldwide. But little is known about what causes Alzheimer's, and cures have been elusive. **Dr. Verna Porter** specializes in treating people with Alzheimer's, and she remains optimistic. Until we have a remedy, she advises people to exercise, eat well and get plenty of sleep.

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LOCATIONS

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- ▶ [1301 20th St](#)
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WHAT IS KETAMINE THERAPY?



Ketamine is used at high doses as an anesthetic. Although not FDA-approved, lower dose “sub-anesthetic” ketamine injections are used “off-label” to treat depression, pain, and other mental health/substance use disorders.

There are several medications available for depression, anxiety, and substance use disorders

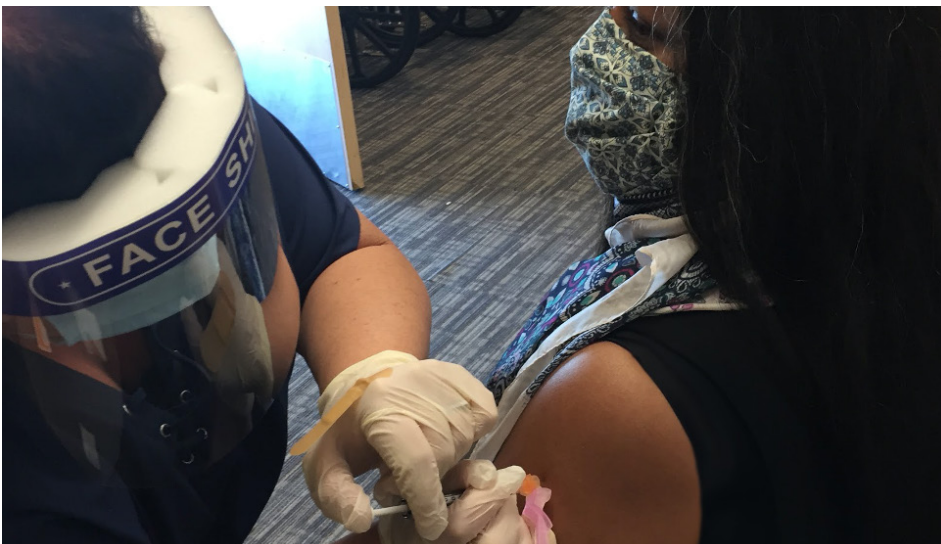
which involve daily administration of a medication aimed at correction of neurochemical imbalances via action at specific brain receptors.

In contrast, a short course of psychedelic-assisted therapy with ketamine can produce a peak experience that can trigger subsequent positive change in mood, insight, and behavior.

Dr. Keith Heinzerling, Addiction Medicine specialist and director of the Treatment & Research In Psychedelics (TRIP) program, talks about the uses, methodology, and benefits of ketamine therapy.

[Find Out More](#)

COVID-19 VACCINATION UPDATE



While PNI will NOT be a vaccine distribution site, when you become eligible, Pacific Neuroscience Institute recommends that you receive a COVID-19 vaccination as long as you are cleared by your specialist.

You can find out more about the two available vaccines, and proposed timelines in LA and surrounding counties.

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