



# PNI Doctors Honored With

## 2024 Healthcare Awards

Over two-thirds of Pacific Neuroscience Institute® (PNI®) physicians earned 2024 **Castle Connolly** and **Super Doctors** awards! These honors acknowledge our doctors' dedication to delivering exemplary clinical services. Furthermore, they offer patients the assurance that they are receiving the highest standard of care.

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## ★ Spotlight Stories



### How a Low-Carb Diet Could Slow Alzheimer's Disease Progression

PNI researchers conducted a study to explore how a carbohydrate-restricted diet may benefit patients with Alzheimer's, and the findings are promising. For further details, read our new blog written by neuroscientist [Dr. Jennifer Bramen](#).

[Learn More](#)



### Transcranial Magnetic Stimulation for the Treatment of Depression

[Dr. David Merrill](#), the Director of PNI's Brain Health Center, describes how transcranial magnetic stimulation (TMS) assists in treating depression. TMS is a non-invasive therapy that utilizes the brain's electrical activity to regulate mood.

[Watch Now](#)



### Young Father Discovers Cancer After a "Lucky" UTV Accident

Tanner's freak accident led to the discovery of cancer throughout his body. Follow his journey through diagnosis, treatment, and brain surgery with the dedicated teams at PNI and Saint John's Health Center.

[Learn More](#)



### Cochlear Implants, Once a Luxury, Are Helping More People Hear

In our latest episode, [Dr. Rebecca Lewis](#), audiologist, reveals how cochlear implants restore hearing & change lives.

[Apple Podcasts](#) | [Google Podcasts](#) | [Spotify](#) | [Simplecast](#) | [YouTube](#)

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## 🎉 News & Events



### Introducing the TRIPPY Times Newsletter! Launching February 2024

PNI's **Treatment & Research in Psychedelics (TRIP) Center** is excited to present "TRIPPY Times," your essential digest on psychedelic-assisted therapy advancements. Stay ahead with the latest on Ketamine therapy, clinical trials, and breakthroughs in mental health treatment at PNI. Quick reads, big discoveries – TRIPPY Times brings the future of psychedelic-assisted therapy directly to you.

[Subscribe >>](#)



### Boosting the Brain With Exercise: Join our Live Webinar During Brain Week 2024

**March 12, 2024 | 11am - 12pm PST | Virtual & Free**

Brain Week 2024, organized by the Virtual Brain Health Center, provides a complete week of events aimed at promoting optimal brain well-being. [Ryan Glatt, MS, CPT, NBC-HWC](#), Senior Brain Health Coach & FitBrain Director at PNI, will present valuable insights into the impact of exercise on cognitive health as we age.

[Sign Up >>](#)



### Join Us for the Pacific Rim Master Class March 15-17, 2024 | Santa Monica, CA | CME Credits

Attention surgeons: It's almost time for the Pacific Rim Master Class in Endoscopic Endonasal and Keyhole Surgery, a collaboration between PNI and the University of Colorado. This three-day course offers an immersive education in advanced surgical techniques for brain, skull base and pituitary tumors.

[Register >>](#)

## Think Neuro. *Think PNI.*

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire  
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has **39 physicians** taking care of patients with a wide range of neurological conditions in Santa Monica, Torrance and Burbank. Request an in-person or virtual video online visit by calling (310) 582-7640 or find a doctor at [pacificneuro.org](http://pacificneuro.org).

Accepting new patients for virtual or office consultations.

