



Comprehensive Dementia Care Advanced Practice Provider Team AT PACIFIC BRAIN HEALTH CENTER



Mihae Kim, AGNP-BC

Brain Health/Dementia Care Nurse Practitioner

Mihae Kim is an Adult Gerontology Nurse Practitioner specializing in the care of Alzheimer's disease and other dementias. As a Dementia Care Nurse Practitioner at Pacific Brain Health Center, Mihae works closely with physicians and other multidisciplinary team members to provide a collaborative approach to managing these neurodegenerative disorders. Mihae helps patients and their families navigate their difficult journey by creating mutual goals and roadmaps through clinical evaluation, as well as providing guidance with medical, behavioral and psychosocial recommendations.



Claudia L. Wong, FNP-BC

Brain Health/Dementia Care Nurse Practitioner

Claudia Wong is a Board Certified Family Nurse Practitioner specializing in the care of memory loss, mild cognitive impairment, Alzheimer's disease and other dementias. She works closely with physicians and other multidisciplinary team members to provide a collaborative approach to managing these neurodegenerative disorders. Claudia helps patients and their families by creating mutual goals and roadmaps through clinical evaluation, as well as providing guidance with medical, behavioral and psychosocial recommendations. She also helps with research focusing on personalized interventions to optimize brain health in those with memory loss.



Ynez Maria Tongson

Dementia Care Assistant

Ynez received her BA in Psychology, with an emphasis in community psychology, from CSU Long Beach. Before getting started in dementia care, she worked with at-risk/high-risk populations at the prevention and intervention stages, and was certified in group facilitation and crisis management. Prior to joining Pacific Brain Health, Ynez pioneered the role of Dementia Care Assistant at UCLA's Alzheimer's and Dementia Care Program. Ynez's passions include quality of life improvement and advocating for culturally competent care.

Appointments | Zoom & Telephone Visits
310-582-7641

1301 20th St., Suite 150, Santa Monica, CA 90404 | PacificBrainHealth.org

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Comprehensive Dementia Care Advanced Practice Provider Team AT PACIFIC BRAIN HEALTH CENTER

Our advanced practice providers specialize in the care of neurocognitive disorders such as memory loss, mild cognitive impairment, Alzheimer's disease and other dementias. Some examples of our services are listed here.

- Conduct a holistic and comprehensive needs assessment.
- Provide medical, behavioral, and psychosocial recommendations for neurocognitive disorders such as memory loss, mild cognitive impairment, as well as dementia related to Alzheimer's disease, Lewy body disease, Vascular disease, Parkinson's disease, Frontotemporal lobar degeneration and Traumatic Brain Injury.
- Screen for neurocognitive-associated behavioral and psychiatric symptoms and provide management guidance with non-pharmacological and pharmacological interventions.
- Educate on neurocognitive disorder diagnosis: its course, prognosis, cognitive enhancing agents, traditional and alternative management options, as well as clinical trials.
- Provide comprehensive collaborative care with your team of health care providers which may include an Internist, Geriatrician, Neurologist, Psychiatrist, Social Worker, Home Health, Health Coach, Dietitian and Palliative/Hospice team. Referral to specialists as needed.
- Help connect to community-based organizations and resources, such as patient and caregiver support groups, educational events, activities, socializations, adult day care, and cognitive training programs.
- Provide care management for challenging psychosocial issues associated with neurocognitive disorders (such as concerns for substance abuse, hoarding, wandering, elder abuse, and financial scams).
- Counsel on advance care planning and goals of care. Provide guidance on legal advocacy and planning (activating Advance Directive for Health Care, guidance on capacity evaluation, conservatorship/guardianship, referral to elder law lawyer and fiduciary service). Referral to palliative or hospice care when appropriate and assistance with the transition.
- Guide patients and families regarding long term care and emergency planning.
- Implement high-level care coordination when there is an Emergency Room visit or hospitalization related to neurocognitive disorder or preventative causes (such as geriatric syndromes). Assist with transitions of care, communication with inpatient hospital care teams and Skilled Nursing Facilities, as well as provide family support.

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