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# CLINICAL TRIAL ANNOUNCEMENT

## Integrating Family Caregiver Support into Cancer Clinical Trials

### Official Title:

Feasibility and Acceptability of Integrating Family Caregiver Support into Cancer Clinical Trials

The aim of this study is to assess the feasibility and acceptability of integrating family caregiver support into cancer clinical trials. Secondary aims include exploring the effects of family caregiver support on the well-being of the caregiver, the care-recipient and on the cancer clinical trial system.

Cancer clinical trials have been shown to contribute to decreased mortality rate by exploring the most effective therapeutic interventions that have the least toxicities, however, fewer than 5% of adult patients with cancer participate in clinical trials .

While the diagnosis of cancer, in and of itself, can lead to significant changes in all aspects of patients' and caregivers' lives, participation in clinical trials adds a layer of complexity that patients and family caregivers will need to navigate. There is an increasing need to integrate family caregivers support into cancer care provided by health care networks and systems.

Addressing the psychosocial needs of clinical trial participants and their families from the point of enrollment and throughout the duration of the trial is needed. Highly specialized supportive services are needed to manage family caregiver issues that may impact clinical trial adherence. In addition to improving adherence, addressing the need of family caregivers can also impact ethnic diversity in clinical trials.

### Key Inclusion Criteria:

- Age  $\geq$  18 years
- Patient is enrolled or expressed intent to enroll in a therapeutic cancer clinical trial
- Caregiver is a self-identified primary caregiver
- Able to speak, read, and understand English