

CELEBRATING PACIFIC HEAD & NECKSM

10 YEARS OF EXCELLENCE

PACIFIC NEUROSCIENCE INSTITUTE

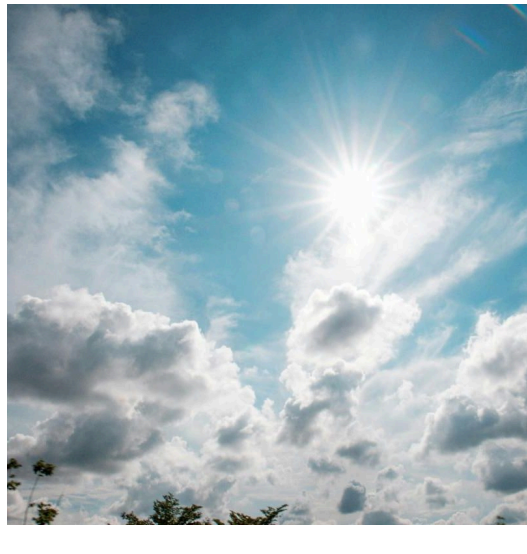
Head & Neck Super-Specialty Care

ENT problems? Look no further. Consistently rated among the best practices in the greater Los Angeles area, [Pacific Head & Neck](#) is your one stop for super-specialty ENT care. Pacific Neuroscience Institute is proud to celebrate 10 years of Pacific Head & Neck. A **comprehensive program** at PNI, Pacific Head & Neck focuses on ear, nose, and throat issues along with all kinds of head and neck medical and surgical treatment. From hearing restoration with cochlear implants, and facial nerve reconstruction, to surgery of benign and malignant head & neck lesions, voice & swallow care, and much more, Pacific Head & Neck specialists are here for you.

Ten years ago Pacific Head & Neck wanted to work differently and create **something exceptional**. Today, they continue to thrive, bringing compassion, expertise, and experience to each of their patients.

[Watch Video](#)

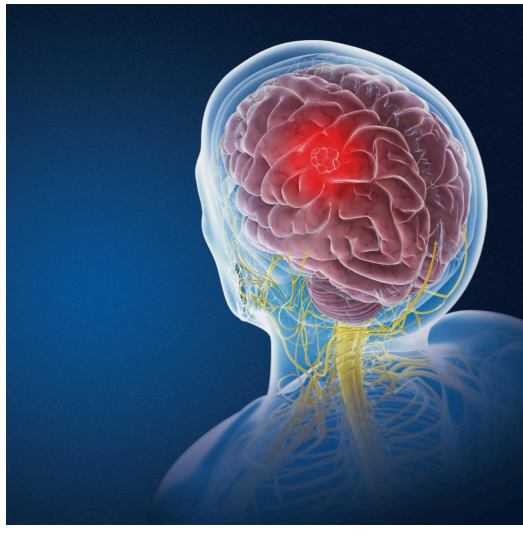
★ **Headline Stories | August 2026**



Summer Skin Safety

August is Summer Sun Safety Awareness month. Skin cancer is the **most common form of cancer** in the US most frequently appearing on skin that is exposed to the sun. Learn more from **Dr. Vivian Wu**.

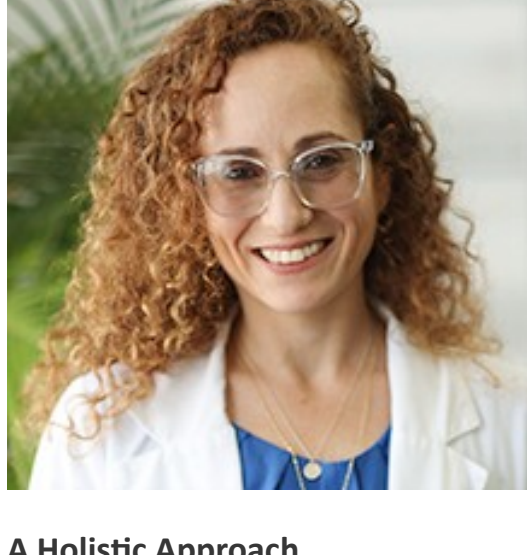
[Watch Video](#)



Brain Tumors & Smell

Certain brain tumors can affect the sense of smell. Patients may experience reduced smell, distorted smells, or phantom smells even before a tumor is diagnosed. **Dr. Abbas Anwar** explains.

[Read Article](#)



A Holistic Approach

Dr. Noa Tal is a neuroendocrinologist with the **Pituitary Disorders Center** at PNI. In this interview she comments on shifting trends, and highlights her holistic approach to caring for patients with hormone disturbances.

[Learn More](#)



Little Gland, Very Big Job

Dr. Garni Barkhoudarian takes us on a deep dive into the complexities of the tiny pituitary gland and the hormonal system, and explains how he treats the underlying causes of persistent issues.

[Apple Podcasts](#) | [Spotify](#) | [YouTube](#)

[Watch Episode](#)

Brain Boosters

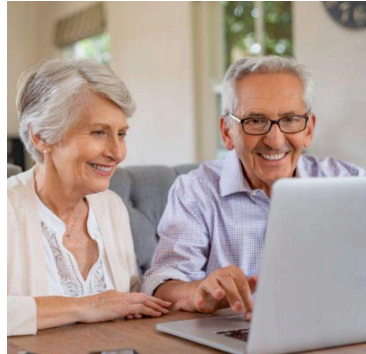


Dementia Caregiver Support Group

Wednesdays, 3 - 4 pm PT

Join our Zoom support group designed for family members and close friends taking care of a loved one living with any stage of dementia. August & beyond with rolling enrollment \$100/month (4 sessions). **Facilitators: Claudia Wong, FNP-BC & Sarah Krystkowiak**

[Learn More >>](#)



Vital Minds Course

Begins August 20, 2026 | Thursdays, 10 am PT

Virtual Vital Minds is a small group program for those experiencing cognitive complaints including normal aging and mild cognitive impairment. Use memory more effectively, and learn brain-healthy behaviors of diet, exercise, sleep, stress management, social engagement, and cognitive stimulation. 6 sessions.

Facilitator: Molly Rapozo, MS, RDN

[See PDF flyer for more details >>](#)

[Register Today >>](#)

★ **News & Events**



Clinical Trial Opens For Optic Neuritis

A clinical trial, Oculis PR-5301 PIONEER-1, is testing a new treatment for optic neuritis. ON is a condition causing sudden, painful vision loss in one eye. Researchers aim to determine if a medication called privoseptor, combined with the usual treatment of methylprednisolone (a type of steroid), is safe and more effective than the usual treatment. Suitable candidates for this trial have experienced their first episode of ON in one eye and began losing vision within the last 12 days. As a Phase 3 trial, this study serves as the final step before FDA approval.

PNI Site Principal Investigator: Dr. Howard Krauss

[Learn More >>](#)



Dr. Chester Griffiths: 2026 Achievements

We're proud to announce that Chester F. Griffiths, MD, FACS, has been re-certified by the American Board of Facial Plastic and Reconstructive Surgery for the third time in a row for another 10 years.

Bonus: Find out about his international ice hockey tour earlier this year.

[Learn More >>](#)



Men's Wellness Fair: Cancer Awareness, Prevention & Wellness

Sat, Aug 29 | 2 - 6 pm | Providence Saint John's Health Center, Santa Monica

Let's help with your Game Plan. You're invited to a complimentary fair featuring booths, games and rides. PNI's **Dr. Shanthi Gowrinathan** spearheads this important effort promoting information about **screening, survivorship and support services for men** and their loved ones. PNI Brain Health and Brain Wellness & Lifestyle teams will provide information on cognition and brain health in the context of cancer. In addition, if you or someone you know is struggling with low testosterone / ED due to pituitary tumor issues, come by to learn more.

[Save Your Spot & RSVP >>](#)

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Accepting new patients.

PNI takes care of patients with a wide range of neurological conditions.

Request a visit by calling (310) 582-7640 or [find a doctor at pacificneuro.org](#).

