

Pacific Neuroscience Institute

Launches New Website

PACIFIC NEUROSCIENCE INSTITUTE

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Advanced Expertise for Brain and Spine Health

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Same Expert Care, Brand New Look

We are thrilled to announce the launch of our newly redesigned website, built with our patients at the center of every decision. Whether you're exploring our world-class neuroscience programs and conditions we treat, or requesting an appointment, our new website makes it easier than ever to find what you need. Providers have a curated area and there are plenty of resources including clinical trials, publications, videos, blogs, webinars, podcasts and more. Visit us today!

[Learn More](#)

★ Headline Stories | April 2026



It's Parkinson's Disease Awareness Month

Patient Story: Charles was living a full life when Parkinson's disease hit. Read this moving account of the impact of Deep Brain Stimulation (DBS) surgery on Charles' life.

[Read his Story](#)



Intracranial Meningioma, a Common Type of Brain Tumor

Intracranial meningiomas are the most common type of benign brain tumor. They develop from any meningeal surface of the brain. Learn how we treat them at PNI.

[Learn More](#)



Video: Celebrating 10 Years of Pacific Neuroscience Institute

We're proud to celebrate 10 years of innovation and collaboration at Pacific Neuroscience Institute through this new highlight film.

[Watch Video](#)



Treating the Whole Patient, Not Just the Cancer

Dr. Gowrinathan helps patients maintain their sense of self in the face of tremendous challenges. [Apple Podcasts](#) | [Spotify](#) | [YouTube](#)

[Watch Episode](#)

🧠 Boost Your Brain Power



Spring Brain Buddies | 12 Sessions

[Starting April 14, 2026 | Tuesdays 10am PDT](#)

Brain Buddies is a supportive, action-focused group co-hosted by Molly Rapozo, Brain Health Coach, and Bud Williams, Brain Health Enthusiast. Each weekly Zoom session explores a pillar of brain health—**nutrition, movement, sleep, stress, connection, or mental stimulation**—through practical tips, open discussion, and personalized action steps. Build lasting habits in a welcoming space designed to **keep your brain sharp** and your lifestyle vibrant.

[Register >>](#)



Advanced Memory Training | 10 sessions

[Starting April 15, 2026 | Wednesdays 11am PDT](#)

Join us for Advanced Memory Training, a **virtual group** designed for **older adults** experiencing normal aging or mild cognitive impairment. This follow-up to Vital Minds (no prior attendance required) introduces new material using **evidence-based techniques** to boost memory and daily cognitive skills. Sessions focus on language, reading comprehension, visual-spatial strategies, number fluency, and name recall. **Empower your mind** with practical tools that work.

[Register >>](#)

★ News & Events



Congratulating Dr. Naveed Wagle

[New Director of Neuro-Oncology at PNI](#)

Pacific Neuroscience Institute is very pleased to announce that **Naveed Wagle, MD**, has been appointed **Director of Neuro-Oncology**. In this role within the Pacific Brain Tumor Center, Dr. Wagle will further strengthen PNI's commitment to advancing care and innovation for patients with **cancers affecting the brain**. Dr. Wagle joined PNI in 2019 and is a highly accomplished **neuro-oncologist with specialized training** and research expertise in the treatment of cancers affecting the central and peripheral nervous systems. Join us in congratulating Dr. Wagle on this well-deserved appointment.

[Learn More >>](#)



Combining cognitive and physical exercise can support brain health in older adults

[New Publication](#)

In this recent study led by Ryan Glatt, MS, CPT, NBC-HWC, researchers evaluated a **12-month dual-task and exergame program** in a senior living community. The program was safe, well-attended, and showed **improvements in global cognition, processing speed, and executive function**. While findings are preliminary, they add to growing research on accessible, community-based approaches to **cognitive support**. PNI co-authors include **Karen J. Miller, PhD, and Prahba Siddarth, PhD**. Congratulations on this important publication.

[Learn More >>](#)



Walk MS 2026: Conejo Valley

[Saturday, April 11, 2026 | Thousand Oaks](#)

Experience a powerful gathering of the Walk MS Community. Join the walk for MS awareness on **April 11** in Thousand Oaks, CA.

[Register >>](#)



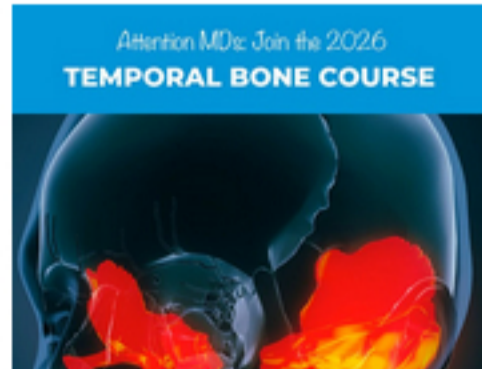
Focused Ultrasound Webinar

[Tuesday, April 28, 2026 | 5 - 6pm | Zoom](#)

Are tremors impacting your quality of life?

Join neurosurgeon **Dr. JP Langevin** and movement neurologist **Dr. Natalie Diaz** for the next live focused ultrasound webinar with Q & A.

[Register >>](#)



Attn MDs: 2026 Temporal Bone Course

[Fri-Sun, April 10-12 | Pacific Neuroscience Institute](#)

Discover in-depth and practical knowledge in this co-hosted course led by PNI neurotology director **Courtney Voelker MD PhD**, and **Richard Wagner MD**, CEO of Global ENT Outreach (GEO). Additional PNI faculty **Garni Barkhoudarian MD FAANS**. **Highlights: Didactics & Discussion. Expert faculty. International participation and collaboration.**

[Register >>](#)

Putting your neuro care in the most capable hands.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire - Playa Vista - Orange

[VIEW OUR LOCATIONS](#)

PNI takes care of patients with a wide range of neurological conditions. Request a visit by calling (310) 582-7640 or [find a doctor at pacificneuro.org](#).

Accepting new patients for virtual or office appointments.

