

Four Breakthrough Studies in Brain Health at Pacific Neuroscience Institute® (PNI®)

PNI is proud to announce the release of four groundbreaking studies that promise to reshape our understanding of brain health and mental well-being.

"[AD-NeuroScore](#)" introduces a revolutionary method for Alzheimer's detection. Our collaborative research on "[Belly fat and brain atrophy](#)" reveals a compelling link between abdominal fat and brain health. We present two pioneering studies on psilocybin's potential impact on mental health: "[Nature-themed video intervention for cardiovascular safety during psilocybin-assisted therapy](#)" and "[Single dose psilocybin for major depressive disorder](#)," both illustrating how proactive interventions can modify life trajectories.

These findings underscore that our cognitive well-being can be positively influenced through proactive, evidence-based interventions. At PNI, we are committed to advancing clinical neuroscience and providing hope for those seeking to improve their brain health and overall wellness.

★ Spotlight Stories



New Speech-Language Pathology Program at PNI

Introducing PNI's new Speech-Language Pathology (SLP) Program! Explore our customized treatment for speech, language, swallowing, and cognitive communication challenges. Get to know our team of SLP experts.

[Read More](#)



What's the True Source of Your Brain Fog?

Brain fog can disrupt memory, focus, and overall well-being. Explore the various origins of brain fog and how it affects neurological mechanisms. Plus, learn coping strategies to improve brain function from PNI experts.

[Learn More](#)



Radiation Therapy for Brain Tumors

Join [Akansksha Sharma, MD](#), neuro-oncologist and palliative care specialist, as she discusses radiation therapy for brain tumors. In this 4-part series, she explains the impact of radiation, compares it to other treatment options, and answers important questions.

[Watch Now](#)



The Miracle of Cochlear Implants for Hearing Loss

[Courtney Voelker, MD, PhD](#), neurotologist, reveals the remarkable impact of the cochlear implant, a small yet effective device that can restore the gift of hearing to people of all ages.

[Apple Podcasts](#) | [Google Podcasts](#) | [Spotify](#) | [Simplecast](#) | [YouTube](#)

[Watch Now](#)

♥ Expanding Our Team



At PNI, we take immense pride in our extensive team of compassionate healthcare professionals. We are thrilled to welcome five new providers!

[José M. Morales, MD, MSc](#), is a vascular neurologist and neurointerventional surgeon, who specializes in minimally invasive endovascular procedures.

[Michael Yong, MD, MPH, MBA](#), is board certified in otolaryngology – head & neck surgery. At PNI, Dr. Yong provides full-service general otolaryngology care.

[Michelle Holmes, OD](#), is a full-scope optometrist at the PNI. She sees patients at both the Eye, Ear and Skull Base Center as well as at the Brain Health Center.

[Scott Turner, MD](#), is a neuro-oncologist at the Brain Tumor Center at PNI. He specializes in the treatment of primary and metastatic tumors of the spine.

[Shannel Kassis Elhelou, PsyD](#), is a geropsychology and neuropsychology post-doctoral fellow in the Brain Wellness and Lifestyle Program at PNI.

🎉 News & Events



Dr. Giesser Is Honored with National Multiple Sclerosis Society's 2023 Healthcare Champion Award

[September 14, 2023 | 5:30 PM](#)

As a leading charity event for multiple sclerosis (MS), the Dinner of Champions® raises essential funds for the National MS Society's initiatives. This year, [Barbara Giesser, MD](#), MS neurologist at PNI, will be honored with the Healthcare Champion award for her groundbreaking work in clinical care, research, and education. Congratulations, Dr. Giesser!

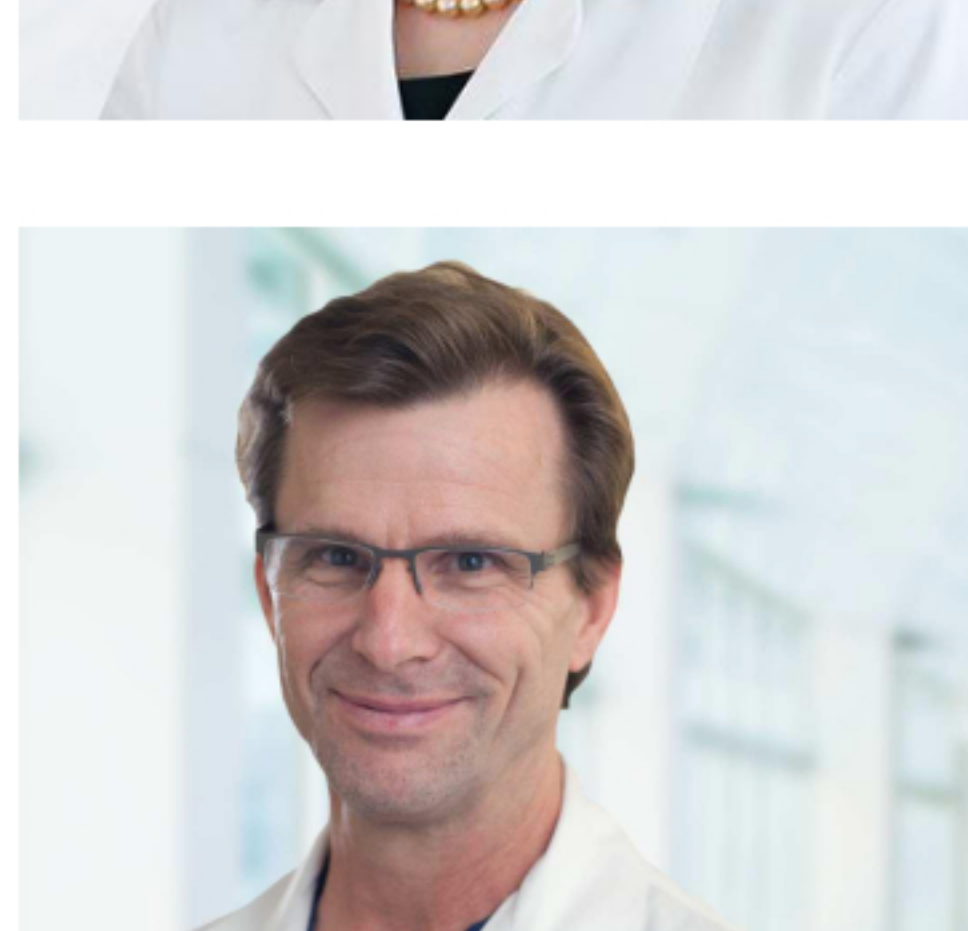
[Learn More >>](#)



Dr. Voelker Appointed to 2023 Acoustic Neuroma Association (ANA) Medical Advisory Board

PNI's [Dr. Voelker](#) has been appointed to the ANA's Medical Advisory Board, where she will share her extensive expertise in acoustic neuroma treatment. Congratulations, Dr. Voelker!

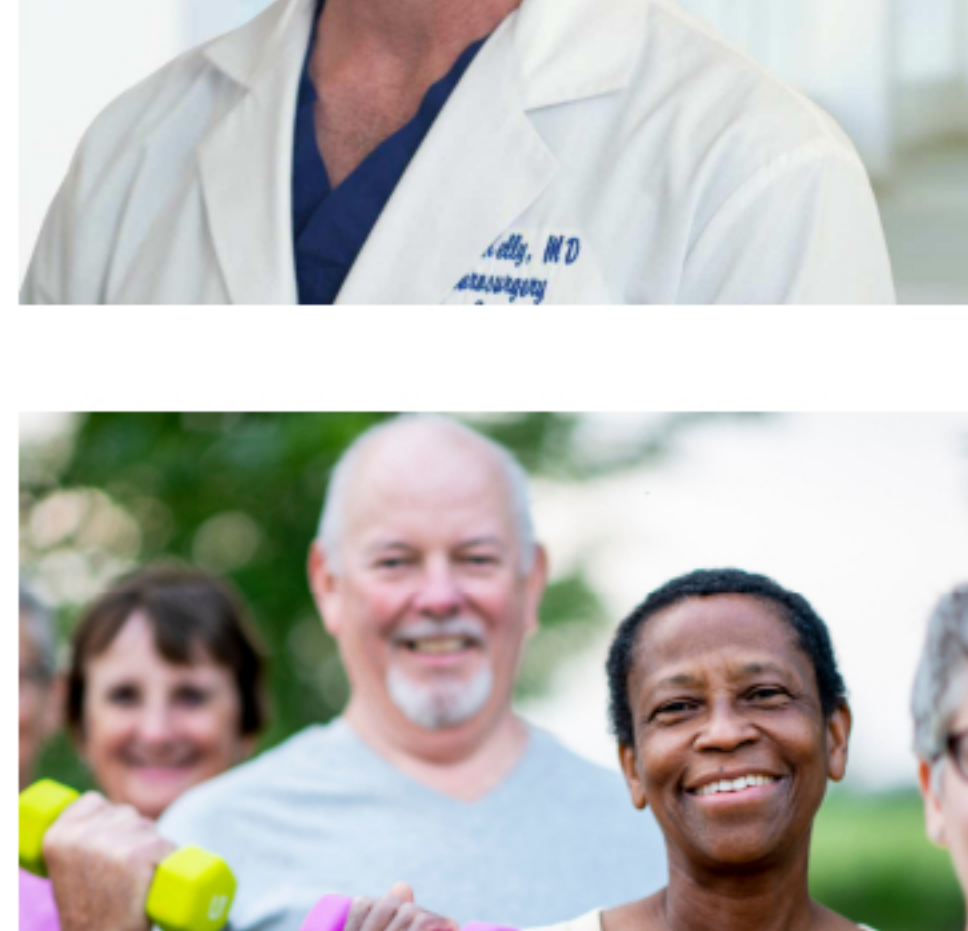
[Learn More About Dr. Voelker >>](#)



Dr. Kelly Recognized as a 2023 Physician Partner in Philanthropy Honoree for the Saint John's Health Center Foundation

[Daniel Kelly, MD](#), director & co-founder of PNI, receives recognition for his committed efforts in advancing the mission of PNI and Saint John's Health Center. Congratulations, Dr. Kelly!

[Learn More About Dr. Kelly >>](#)

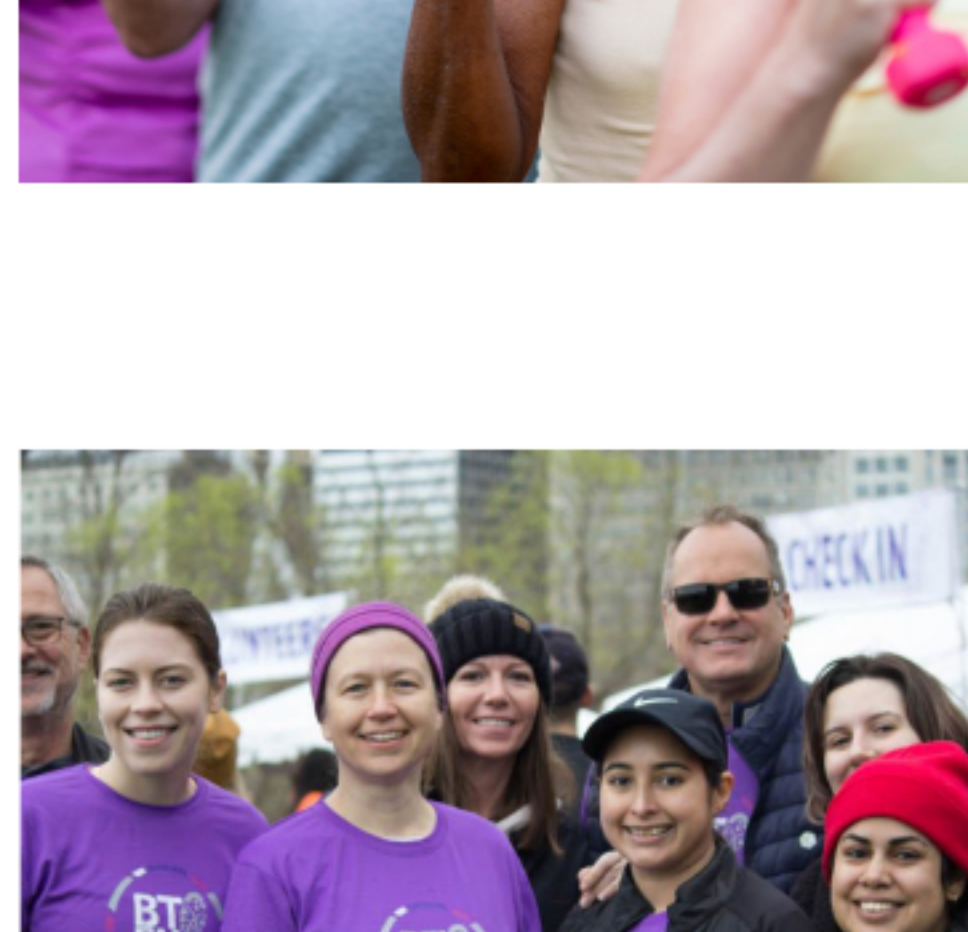


Join Us for the "Help Is Here for Movement Disorders" Annual Conference

[September 23, 2023 | 9 AM - 12 PM](#)
[Palos Verdes Golf Club](#)

Learn the latest treatments for essential tremors and Parkinson's disease from PNI's experts. Discover the truth about movement disorders, explore the vital role of lifestyle, diet, and the gut-brain connection in Parkinson's disease, and stay updated on the latest treatment options.

[Learn More >>](#)



Brain Tumor 5K Walk & Run (BT5K) Is Coming to Los Angeles!

[October 14, 2023](#)

Since 2006, the BT5K has raised over \$34 million for the American Brain Tumor Association. Support vital research and support services during this exciting event!

[Sign Up >>](#)

[Support Our Team >>](#)

Think Neuro. Think PNI.

Santa Monica (310) 582-7640 | South Bay (424) 212-5361 | Burbank (818) 847-6049

Santa Monica - Torrance - Burbank - Mission Hills - Wilshire
Playa Vista - Fullerton - Orange - Mission Viejo

[VIEW OUR LOCATIONS](#)

PNI has over **35 physicians** taking care of patients with a wide range of neurological conditions in Santa Monica, Torrance and Burbank. Request an in-person or virtual video online visit by calling (310) 582-7640 or find a doctor at [pacificneuro.org](#).

Accepting new patients for virtual or office consultations.

