

BRAIN MATTERS NEWSLETTER

THINK NEURO. THINK PNI.

PRESENTED BY

**PACIFIC
NEUROSCIENCE
INSTITUTE®**



NEUROLOGY & NEUROSURGERY HIGH PERFORMANCE RECOGNIZED AT PROVIDENCE HOSPITALS & AFFILIATES

U.S. News & World Report high-lights quality, specialty care

Ten Providence Southern California hospitals and affiliated partners in Los Angeles and Orange counties earned recognition on July 28, 2020, from U.S. News & World Report.

Pacific Neuroscience Institute teams contributed to the High Performing Hospitals ranking achieved in Neurology and Neurosurgery at Providence hospitals. In addition, PNI neuro-oncology teams provide award-winning care.

**Congratulations to all our
PNI caregivers!**

[See Our Ranking](#)



KEEP YOUR BRAIN FIT WITH PICKLEBALL, PING PONG & DANCE | RYAN GLATT

Exercise doesn't just give you bigger muscles. It gives you a bigger brain.

Scientists have measured brain volume in people who exercise and those who don't. The exercisers had more.

Why? Find out in episode 6 of the Think Neuro Podcast.

[Discover Why](#)

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[Click here](#) for more information about Healthy Aging or call (310) 582-7641.

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LOCATIONS

- ▶ **PNI-Santa Monica | 310-582-7640**
[2125 Arizona Ave](#)
[Santa Monica, CA 90404](#)
- ▶ [1301 20th St](#)
[Santa Monica, CA 90404](#)
- ▶ **PNI-Wilshire | 310-477-5558**
[11645 Wilshire Blvd, #600](#)
[Los Angeles, CA 90025](#)
- ▶ **PNI-South Bay | 424-212-5361**
[5215 Torrance Blvd, #300](#)
[Torrance, CA 90503](#)
- ▶ [4201 Torrance Blvd, #520](#)
[Torrance, CA 90503](#)

**PACIFIC
NEUROSCIENCE
INSTITUTE®**



Accepting new
patients for virtual and
clinic consultations

WELCOME NEW DOCTORS AT PACIFIC STROKE & NEUROVASCULAR CENTER



ADI IYER, MD, MS
Neurosurgery & Neurointerventional Surgery

Dr. Iyer is a dual-trained neurosurgeon with a focus on vascular diseases of the brain and spine.

[Learn More](#)



DANIEL LEE, MD
Neurointerventional Surgery

Dr. Lee is a board-certified neurointerventional surgeon with specialty training in radiology.

[Learn More](#)

PNI RESOURCES AT YOUR FINGERTIPS



VIDEO LIBRARY

With over a hundred videos, you can learn about our doctors, programs, conditions we treat, and even how to perform surgical procedures!

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CARE TEAMS

Expertise, collaboration, and innovation is essential in providing the best possible care today while advancing novel treatments for tomorrow.

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SUPPORT GROUPS

A major mission of the Pacific Neuroscience Institute is to provide education, support, and empowerment for those dealing with neurological challenges.

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CENTERS OF EXCELLENCE

The Pacific Neuroscience Institute proudly houses 10 specialized neuro centers with expertise that spans the clinical neuroscience landscape.

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BLOG

Check out our blog for informative insights on brain acuity, staying healthy during troublesome times, & more!

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PODCASTS

Tune in for weekly Podcast Minis as well as cool in-depth conversations about the brain each month.

[More Info](#)

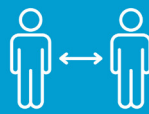
CORONAVIRUS PREVENTION TIPS



WEAR A MASK
WHEREVER POSSIBLE



STAY HOME IF
YOU FEEL SICK



SOCIALLY
DISTANCE



AVOID TRAVEL



COVER YOUR
SNEEZE OR COUGH



WASH
YOUR HANDS

**PACIFIC
NEUROSCIENCE
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Thank you for staying safe. If you have any questions, please feel free to reach out.