

Testimonials for Mihae Kim, AGNP-BC

Pacific Brain Health Center, Pacific Neuroscience Institute, Santa Monica, CA | 2025

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6/12/2025

Beyond shock and fear when I learned of my wife's diagnosis, was my utter confusion. With whom, if anyone, do I share this info? How much new medical science must I now absorb? Must I become an expert on brain shrinkage and on the efficacy (futile efficacy?) of cutting-edge medications? What financial burden will this present? What are the future markers for my wife's demise? What are mine?

After dabbling in too many books and listening to various clinicians delineate timelines of decay, I joined Mihae's caregiver's group. I did so reluctantly. I'm not a group person. I don't join groups. I don't like whiners. And I don't see myself as a "caregiver." In fact, *I'm trying not to be a caregiver*. Rather, I rather concentrate on doing everything I can to prolong my wife's independence. But, lo and behold, there was no support group encouraging "spousal independence."

I have now been in Mihae's group for over 6 months. Everyone else here is dealing with much more severe and advanced problems. But I learn from them. And I learn how Mihae deals with them. And their problems. What I know about Mihae Kim is this: She has an extraordinary gift for listening. I believe she was born with this innate sense of empathy. She refrains from projecting eventualities. While others seem to chart a clear and terrifying path of decline, in fact this group sees things differently. We see the thousands of ups-and-downs, the surprising peaks and valleys. Mihae listens to all this. She clearly understands that one size does not fit all. Of course, we know this is a progressive disease. But so is life. We will all get worse. Mihae is somehow able to keep our focus on what we can do now, today. It's not the patient, but it's us, the so-called "caregiver's," that are in this crossfire. Mihae is sometimes able to keep our fears at bay and does so with kindness, grace and humor. Plus, she's remarkably resourceful and able to present out-of-the-box solutions to our day-to-day insanities. I think it would serve you well to clone her."

Grateful partner

6/4/2025

We have received professional consultation and guidance from Nurse Practitioner Ms. Kim Mihae from early 2023. Mihae has provided advice, instruction, and valuable information both on an individual basis and as a part of the Memory Club meetings for caregivers. Mihae has always offered sound and practical suggestions to assist in the care and treatment of our loved one. Always quick to alert and explain the new announcements, techniques and treatments for memory issues. Mihae continues to be an invaluable resource in the ongoing care of our family member.
Family CM

4/8/2025

We have had the fortune of working with Mihae for the past 3 years and couldn't be more grateful. She is kind, caring, understanding, attentive, aware, inquisitive, 100% available, knowledgeable, resourceful and efficient. We feel completely taken care of (both patient and family) and always walk away from a session with Mihae feeling better and with a plan of action in hand. We hope she is recognized and praised for both her extraordinary medical and personal qualities. She is a true asset to the Pacific Brain Health Center.

Family C and B and patient J

1/26/2025

Mihae kim is the best nurse practitioner ever she is truly amazing and wonderful. We always look forward to seeing her she is committed to us.

Family KP

12/21/2024

Mihae Kim has been an extremely valuable resource for me and my husband at PNI. She plays a role that you always want but seldom find: - as a translator of complicated medical issues, and a ready resource of facts related to brain health. Mihae and her team are available with answers and advice regarding treatment protocols, insurance, other related fields in overall care. In complex medical situations it is worth pure gold to be able to confer/consult with Mihae about the many questions that are bound to come up.

From family caregiver R

12/13/2024

I would like to take this opportunity to briefly comment on the services CB has received from Mihae Kim.

These have been outstanding! In my numerous conversations with her as well as in her interactions with C, she has been extremely knowledgeable, patient, thorough, compassionate, and concerned.

Sincerely, LN

11/12/2024

Thank you Mihae.

This year, when we go around the Thanksgiving table sharing what we are grateful for, your name will be mentioned because we are so grateful to have you help us in our path. Many complain that after the diagnosis, they are sent home and have to deal with so many issues. We don't feel that

since we have you. Thank you so much for being so patient, thorough and caring.
With Gratitude, F and L

11/11/2024

Mihae,

I experienced your Goodness, Kindness, Understanding, Healing.
I am grateful. We are grateful.
From family caregiver M

9/6/2024

Mihae Kim is exceptional! She is caring and compassionate, responsive and professional. She has made a very challenging time more manageable for us! Grateful for her support and guidance.
From healthcare advocate M

7/16/2024

Thank you for all you do and have done to help us through this awful experience. Your caring, understanding, and insight was a godsend. They are so lucky to have you. You have the rare combination of knowledge and heart.
Sending my love and appreciation, S

6/3/2024

Having my husband diagnosed with Mild Cognitive Impairment on the way to Alzheimer's was shocking and terrifying. However, the people at Pacific Brain Health Center have been wonderful. They've provided so much support. In addition to seeing a physician, he's also seeing a psychiatrist, a nurse practitioner, and a trainer who works with him on brain/body exercises. He's also been given referrals to psychotherapy and to psychedelic medicine. I won't lie and say it hasn't been a LOT, but the wonderful thing is that we've felt taken care of on all levels. We highly recommend the Pacific Brain Health Center. And although everyone has been great, we'd especially like to recognize Mihae Kim, his nurse practitioner, who is always kind, helpful, and immediately responsive to email, and Ryan Glatt, his trainer, who is knowledgeable and fun and always encouraging.
From family caregiver G

7/14/2022

Mihae!

I wanted to send you a note and please feel free to use this as a review. I cannot thank you enough for all you've done for my family. You first "tested" my father and concluded he had dementia. And I will always be grateful to you for your advice for me to get prepared. And I did. I thank you for helping... actually I think you did the majority of it... with the paperwork. I thank you for checking in on us and suggesting a new medication that has helped my Dad tremendously.

When my friend's mother was declining, I suggested she call you. My friend tells me whenever we talk, how grateful she is for you. Her mother did not have long-term care insurance like my father, so she really needed some advice. You came through for her and now she's putting her mother in assisted living, which was not an easy choice, but with your counseling, made it easier.

Mihae, you are a gift from God! Thank you.

K (M's daughter)