



STROKE SUPPORT GROUP

Free education and support for patients and families

Join us as we help stroke survivors, their families and close friends cope with the aftermath of a stroke. This group provides information on stroke recovery, resources and a forum to learn new coping skills.

Support groups are facilitated by stroke survivor Dana Rivera. Guest speakers include physician specialists, nutrition experts and the rehab team at Providence Saint John's Health Center.

For more information, please contact:

Lisa Marie Arnold, RN, BSN, SCRNP
Stroke Program Coordinator
Providence Saint John's Health Center
310-829-8051

Dana Rivera
310-428-4822

Free meetings are held on the

2nd WEDNESDAY of each month
2 - 3 pm

VIRTUAL ZOOM LINK



**Saint John's
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