Stroke Caregiver Support Group

Free education and support for family caregivers

Join us as we help the caregivers of stroke survivors cope with life and life's many difficult changes after stroke.

This group is intended to be a safe space for caregivers to share freely and benefit from the experiences of others and is facilitated by stroke survivor **Dana Rivera**. Guest speakers include physician specialists, community members, and other stroke specialists at Providence Saint John's Health Center.

For more information, please contact:

Lisa Marie Arnold, RN, BSN, SCRN
Stroke Program Coordinator
Providence Saint John's Health Center
310-829-8051

Dana Rivera
310-428-4822

Free meetings are held on the

1st WEDNESDAY of each month
2 - 3 pm

VIRTUAL ZOOM LINK

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