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MAY 2022

PACIFIC NEUROSCIENCE INSTITUTE®

 Providence

Celebrating Brain Tumor Awareness

A Month of Brain Tumor Awareness Events!

Join celebrity guest Maria Quiban Whitesell, American Brain Tumor Association, and brain tumor survivors and their loved ones in honoring their important journeys for Brain Tumor Awareness Month.

[View our Calendar of Events](#)

PNI Stories



How To Spot Stroke

May is National Stroke Awareness Month. Learn how to identify stroke FAST! Stroke treatment is available at PNI's state-of-the-art centers across Southern California Providence hospitals.

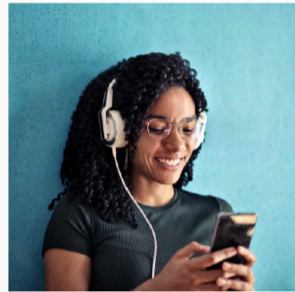
[Watch Video](#)



Fighting Dementia at Pacific Brain Health Center

Discover PNI's leading-edge clinical trials for dementia with **Jennifer Bramen, PhD**, Senior Research Scientist, and team.

[Read More](#)



Does Hearing Loss Impact Quality of Life?

Courtney Voelker, MD, PhD, and **Rebecca Lewis, AuD**, talk hearing loss and prevention for International Noise Awareness Day on April 27th.

[Discover More](#)



Tracking a Mystery Disease to the Pituitary | Patient Advocate Sharmyn McGraw

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More things to explore below!

Brain Health Corner: Molly's Tips



Did you know...

"Calcium, a structural component of teeth and bones, also helps maintain healthy blood pressure, thus reducing stroke risk. Sardines and green, leafy vegetables, such as kale, bok choy, and collard greens, are good sources of calcium and are brain health super stars!"

– Molly Rapozo, MS, RDN, CD, Dietician Nutritionist, and Brain Health Coach

May Events



Coming This Tuesday! Brain Tumor Awareness Social Hour

Tuesday, May 3rd 2022, 12 - 1 PM PST
Mullin Plaza, Saint John's Health Center, Santa Monica
Patients and their loved ones are invited to celebrate Brain Tumor Awareness. Join our experts and celebrity guests for festivities, learning, and refreshments!

[LEARN MORE >>](#)



Attention PCPs! ENT CME Course 2 Weeks Away!

Saturday, May 14th 2022, 8 AM - 4 PM PST
2022 Ear, Nose and Throat Updates and Pearls for PCPs
Complimentary In-Person & Virtual Streaming Course, 6 CME Hours
Speakers: Pacific Head & Neck Center Experts

[REGISTER >>](#)



Bike MS: Los Angeles Coastal Challenge 2022

Saturday, May 14th & Sunday, May 15th 2022
San Buenavista State Park, Ventura
Support those living with Multiple Sclerosis with PNI Foundation and National Multiple Sclerosis Society. Bike along the Pacific Coast Highway and celebrate with food, music, and festivities.

[REGISTER >>](#)

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