

TREATMENT & RESEARCH IN PSYCHEDELICS RESOURCES

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BOOKS

How to Change Your Mind – Michael Pollan

Sacred Knowledge – William Richards

Cleansing the Doors of Perception: The Religious Significance of
Entheogenic Plants and Chemicals – Huston Smith

The Psychedelic Explorer's Guide: Safe, Therapeutic, and Sacred
Journeys - James Fadiman

The Psychedelic Experience – Timothy Leary, Ralph Metzner,
Richard Alpert

Manifesting Minds: A Review of Psychedelics in Science, Medi-
cine, Sex and Spirituality - Rick Doblin, Brad Burge

The Cosmic Serpent - Jeremy Narby

LSD and the Mind of the Universe - Christopher Bache

Listening to Ayahuasca: New Hope for Depression, Addiction,
PTSD and Anxiety – Rachel Harris

The Psychedelics Integration Handbook – Ryan Westrum

The Immortality Key – Brian Muraresku

Zig, Zag, Zen: Buddhism and Psychedelics – Allan Badiner

Holotropic Breathwork: A New Approach to Self-Exploration and
Therapy – Stanislav Grof, Christina Grof

Breath – James Nestor

The Body Keep the Score – Bessel van der Kolk

When the Body Says No – Gabor Mate

No Bad Parts: Healing Trauma and Restoring Wholeness with the
IFS Model – Richard Schwartz

Fantastic Fungi – Paul Stamets

Be Here Now – Ram Dass

The Doors of Perception – Aldous Huxley

The Healing Journey – Claudio Naranjo

The Secret Chief Revealed – Myron J. Stolaroff

Awareness – Anthony de Mello

Hallucinations – A Reader – Charles Grob MD

LSD My Problem Child: Reflections on Sacred Drugs, Mysticism
and Science – Albert Hofmann PhD

Acid Dreams: The Complete Social History of LSD: The CIA, the
Sixties, and Beyond – Martin A. Lee and Bruce Shlain

Altered Traits – Richard Davidson

Waking Up: A Guide to Spirituality Without Religion – Sam Harris

VIDEO

Fantastic Fungi / AmazonPrime Video

Revealing The Mind – The Promise of Psychedelics – World
Science Festival

60 Minutes – Psilocybin use to treat addiction, depression and
anxiety

AUDIO

Waking Up App – Sam Harris

Waking Up: A Guide to Spirituality Without Religion – Sam Harris

The Tim Ferris Show #458 – The Psychedelic Newshour

PUBLICATIONS

References for Physicians, Scientists & the Intellectually Curious –
Paul Stamets

INFORMATIONAL WEBSITES

MAPS.org

MAPS Integration Therapist Directory: Integration.maps.org

Chacruna.net

Psychedelaiintegration.org

Psychedelicstoday.com/blog

Beckleyfoundation.org

Awareproject.org

Innerspaceintegration.com

PSYCHEDELIC INTEGRATION ACTIVITIES

Mindbloom.com/blog/techniques-to-integrate-psychedelic-ex-
periences

PSYCHEDELIC THEMED PODCASTS

Psychedelics Today

Psychedelic Times

Psychedelic Salon

The Tim Ferriss Show

The Third Wave

MAPS Podcast

UPCOMING PSYCHEDELIC EVENTS

Eventbrite.com/d/online/psychedelic/
Chacruna.net/chacruna-events/