



# PRECISION BRAIN HEALTH

## Enhanced Access Program | Pacific Neuroscience Institute

Welcome to Dr. Merrill's Practice where he and our team offer enhanced access to his services. Join us on a journey to optimal brain health. We're excited to support you.

### BASIC CLINIC

#### Standard Practice Support

- Insurance-billed clinic (co-pays and deductibles apply).
- Standard availability for scheduling (e.g., booking by staff at checkout into next available appointment).
- Communicate between visits by contacting our office staff at 310-582-7641 or myChart.

### ENHANCED ACCESS\*

#### Direct Communication and Priority Scheduling

Basic Clinic, PLUS:

- Exclusive one-year enrollment with priority scheduling by dedicated staff for Pacific Brain Health Center Director geriatric psychiatrist **Dr. David Merrill**.
- Priority scheduling for up to 1 follow-up visit every 4 weeks.
- Standard availability for scheduling associated assessments (eg. memory testing at PNI, imaging at Tower Saint John's, labs through LabCorp) and additional appointments.
- Includes direct communication with Dr. Merrill between visits (limit 1 contact per 2 business days) via mutually agreed upon means (e.g., call back, email, etc.).
- End of year option to continue long-term clinical care at with Dr. Merrill at any available level of care.

### PRECISION BRAIN HEALTH PROGRAM\*

#### Functional Medicine and Artificial Intelligence Guidance

Basic Clinic and Enhanced Access, PLUS:

- Assistance ordering Functional Medicine Testing by Real Time Labs, Mosaic Diagnostics, Diagnostic Solutions, Cyrex, and others (separate lab fees apply).
- Receive a detailed initial Diagnostic Evaluation Care Plan based on your history and bio-marker data (e.g. laboratory results, neuroimaging results and analyses, neuropsychological testing, and genetic results).

### WELLNESS AND LIFESTYLE SERVICES\*\*

#### With Multi-disciplinary Health Coach & Scientific Teams

Available Services Include:

- Have a Memory Consultation with Brain Wellness & Lifestyle Senior Director **Dr. Karen Miller**, crafting your customized Brain Wellness Care Plan.
- Receive recommendations via Dr. Merrill from our multi-disciplinary team case review of your existing case data, offering personalized recommendations. Includes review and input by Dr. Dale Bredesen, Dr. Heather Sandison, Dr. Rachel Heussner, Dr. Cyrus Raji, Dr. Shannel Elhelou, and others.
- Priority scheduling by dedicated staff for Brain Wellness & Lifestyle sessions (brain health coaching, nutrition, and cognitive training):
  - FitBrain Training with Ryan Glatt and team
  - Nutrition Counseling with Molly Rapozo
- Online site: <https://www.pacificlifestyle.org/>

### CLINICAL TRIALS RESEARCH PHILANTHROPY\*\*

#### Support Donor and Grant Funded Studies

- Through PNI's partnership with Saint John's Health Center Foundation, make a tax-deductible donation to support PBHC's scientific efforts to improve outcomes.
- Online form: <https://saintjohnsfoundation.org/pbhc/>

**\*ENHANCED ACCESS and PRECISION plans include dedicated staff members specifically assigned to streamline your scheduling process and provide increasing levels of care navigation.**

**\*\*WELLNESS AND LIFESTYLE SERVICES** can be purchased separately through our PNI Wellness and Lifestyle Program.