

PATHFINDERS

Post-Stroke AND ABI Classes



Pathfinders Classes at the SMC

Emeritus Program is for individuals who have had an acquired brain injury (ABI) and completed a rehabilitative course of therapy. We promote effective coping for common life changes following ABI, as well as a sense of community through peer support. Our classes include:



Exercise class – to promote wellness and physical fitness



Communication class – to support speech and language skills with group interaction and computer based activity



Cognitive class (coming soon)



Classes are offered year round & taught by rehabilitation professionals



Free of charge

HOW TO ENROLL

- Meet with the ABI specialist & complete department application
- Provide medically verifiable documentation of non-progressive, acquired brain injury sustained after age 13
- Demonstrate sufficient self-help skills to manage within the college environment

For additional information on the SMC Emeritus Program or the ABI classes contact:

Stephanie Lewis

ABI Specialist/Faculty

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Pathfinders classes held at:

Emeritus Campus 1227 2nd Street, Santa Monica, CA 90401

Phone: (310) 434-4306 | smc.edu/emeritus

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