



**DATE:** Monday, October 14, 2019  
**LOCATION:** Providence Saint John's  
Health Center, Conf Rm CSS1  
**TIME:** 10 AM - 12 PM

## PNI & APDA Connecting Through Art

**Connecting Through Art** is a new creative arts program that offers people with PD the space and ability to express feelings, emotions, and daily concerns through the activity of drawing and painting. This program encourages participants to socialize as they participate in art activities and also helps them to strengthen their fine motor movements. It is open to any adult who has been diagnosed with Parkinson's disease and their care partners.

The program's first activity is an art class with instruction provided by The Art Cart's **Smile Through Art™** workshop. Complimentary refreshments will be provided. The program is free, but registration is required.

To register or for additional information, including ADA accommodations, please contact:

Giselle Therese Uy Tamula - 310-582-7433 or [giselle.tamula@providence.org](mailto:giselle.tamula@providence.org)

RSVP as space is limited to 12 Parkinson's disease participants.

[apdaparkinson.org](http://apdaparkinson.org)

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ART INSTRUCTION PROVIDED BY

**THE  
ART CART**